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## Healthy Snacks

$\begin{array}{llllllllllllllllllllllll}\mathrm{N} & \mathrm{K} & \mathrm{N} & \mathrm{X} & \mathrm{A} & \mathrm{U} & M & K & \mathrm{Q} & \mathrm{T} & \mathrm{T} & \mathrm{O} & \mathrm{A} & \mathrm{S} & \mathrm{T} & \mathrm{T} & \mathrm{W} & \mathrm{M} & \mathrm{U} & \mathrm{F} & \mathrm{F} & \mathrm{I} & \mathrm{N} & \mathrm{D}\end{array}$














 $Y \quad C \quad F \quad E \quad L \quad F \quad R \quad D \quad A \quad I \quad R \quad Y \quad E \quad P \quad E \quad A \quad R \quad P \quad S \quad U \quad G \quad K \quad O \quad U$








| Blackberry | Strawberry | Blueberry | Pineapple | Vegetable |
| :--- | :--- | :--- | :--- | :--- |
| Sandwich | Broccoli | Tomato | Cherry | Potato |
| Yogurt | Carrot | Celery | Muffin | Salad |
| Bread | Toast | Grain | Fruit | Apple |
| Water | Dairy | Corn | Pear | Milk |
| Meat | Egg | Nut | Ham |  |

