

Name: _____

Date: _____

Healthy Snacks

H T L S L N Z B H N O U D I E Y L
X I P A O L J S E I R R E B Z M N
W U V L O M G U A S E K U Y V H E
E R U M D J M R K T S G I Y V Z G
U F A O N Q X I L U X R G W E H L
O V B N G M V M O N H N N S W Y W
I Z B T U W A F P U A M W K T R H
S F U R J F B J V H O C R S K S S
P G S U S Q M A D Q Y D U E O N E
R J O G N C N D N W U M M S V O L
F G P O D R F G U U M Y Z U S R B
L U H Y O E E Q E U T E P A G B A
M R T C P N R V H P U H Y Q E U T
V I P D W N A Y F A X P Y F T S E
C O L T J W N U R X S B H B R A G
P B M K K O K U F O T L Z S G W E
P F Y M F D T X B H G A I K E D V

vegetables popcorn

berries

hummus

salmon

yogurt

fruit

milk

tofu

nuts

tuna

eggs