

# Healthy You Word Search

G O P R E J O G N I E B L L E W P Z L R G N A E  
E R A C F L E S R W A A H G A X W N D O N E R F  
A N N W L N Y G O G B F L M U E G N L U I X K L  
M Z S A C O X Z X D E L Y T S E F I L K H E H E  
W I F E L I L A S E L L C O L L E G E U T R A L  
P G N T X T E E Y O L P M E C D J O I V A C Q J  
N R S D I A E F F O O Y X F O P F E P S E I V P  
U W B Q Q R M N E X A L E R F E L T R P R S K L  
K W U Y K I J U U J A Q P R I E I K D S B E M L  
H P Q H S P F W D B U L S N B L C W L I D S E U  
N S D T N S I E R B H H T G S S Z V F W V B D O  
N G C L G N N O I T A I C E R P P A A L D M I Y  
U L H A B I G W O R K L I F E B A L A N C E T Y  
F T R E I I R I P Z S M Z K C B K F B W X Z A H  
A L M H O K A D C K S B B Z Y I T O A Q D Y T T  
K T V U V Q T W U C E B O H N J D B O E G R I L  
Q I A C N C I B E S N U W G L Y V J Y V D Q O A  
J F N U B A T P O S I T I V I T Y W A E R A N E  
I C O D M P U N R J P C B O S U T E N E R G Y H  
N A G F N W D E Y Y P L W P S M I O J P L W D S  
Q W A R N E E Q F B A H Z D E A A L J V Y I B T  
X H C H G V S C B P H E J N R Z N A E B N P Q F  
H W D C P A N S I I U N H O T Z K C X E E Z Q U  
K T A P Y G L G F R X Y G L S G E H C S Q L Y T

tufts healthy you  
inspiration  
breathing  
lifestyle  
walking  
sleep

work life balance  
positivity  
self care  
kindness  
healthy  
relax

lasell college  
meditation  
gratitude  
employee  
energy  
body

appreciation  
well being  
happiness  
exercise  
stress  
mind