$\qquad$

## Healthy eating

$\begin{array}{llllllllllllllllllllllll}T & O & Q & S & P & S & I & C & E & C & R & E & A & M & E & X & B & R & E & A & D & I & P & L\end{array}$



 $\begin{array}{llllllllllllllllllllllll}X & H & Y & P & O & D & A & P & C & H & I & C & K & E & N & J & P & A & D & Y & L & I & S & Q\end{array}$ $\begin{array}{llllllllllllllllllllllll}B & H & N & U & Y & F & M & Y & V & W & Q & I & L & W & E & B & V & K & D & S & P & S & W & Z\end{array}$










 O J J T A R H L E X E W L D A M C J T P D F E F U $\quad \mathrm{B} \quad \mathrm{Y}$


 $R \quad V \quad R \quad V \quad A \quad J \quad Q \quad R \quad I \quad C \quad E \quad C \quad A \quad K \quad E \quad Y \quad L \quad V \quad F \quad J \quad V \quad N \quad N \quad U$

| bakedbeans | sweetcorn | biscuits | couscous |
| :--- | :--- | :--- | :--- |
| icecream | potatoes | ricecake | carrots |
| chicken | lettuce | yoghurt | cheese |
| crisps | sweets | bagel | bread |
| pasta | cake | eggs | fish |

