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## Healthy food choices

 $R \quad U \quad D \quad H \quad C \quad H \quad E \quad E \quad S \quad E A V W A G E E$ R Q O J NL EA WA TA NA NA B E A B Y E U S V Y O E JA H E T B B GE C U O G O R R R E C Q R P R W B R EA D G C R A MA I U B E H AC A P P L EA E N EA H HA A R CH Q WV O D B G L G S PO C I T K CR N F K O E E O O R T TH F S V Q C H L Y L U Y N I A E S K X R E C U T TE L L S C TC NA Z S CA R R R O TO E B O O $K \quad C \quad D \quad T \quad I \quad U \quad R \quad F \quad T \quad P \quad Z \quad E \quad B \quad R \quad P \quad R \quad A$ LA NP K B R OC CO LI NA V E I HI U R E B M U C U C H I M P B $M \quad F \quad$ O TA MO TE N I K PM UP E K P R E TA W L C W C HE R R Y N

| Strawberry | Watermelon | Blueberry | Broccoli | Cucumber |
| :--- | :--- | :--- | :--- | :--- |
| Apricot | Avocado | Chicken | Lettuce | Pumpkin |
| Yoghurt | Banana | Carrot | Cheese | Cherry |
| Orange | Potato | Tomato | Apple | Beans |
| Bread | Fruit | Grape | Peach | Water |
| Corn | Eggs | Fish | Milk | Peas |

