

Name: _____

Date: _____

Healthy you

G D E M W W M B G B V N W X C F V J T G U D S D
 R K A S E D J Z Y Z T L U E T R E W D C V V T R
 E Q S T I C R N T X T J S N V T G X S A C O S A
 T Z P E N C H B W Q K S Z D K P E Q H O O R U A
 A I C Q H E R O B X B N A K T A T O N U A G C N
 W Q A E E J L E L Q O D C I X O A R V G C T C M
 K F R R L O T L X E H D E O V C B Z U M T Q D Z
 N I B U M B W E E E S S K I E F L S S G S W N P
 I X O S E W E C K P W T P M M A E K P M C L B D
 R R H S T F E E N P E E E A P C S R X S I F N E
 D B Y E S I L A T E B R Q R U Z O N T Z R U L C
 P N D R W Q D X R L Q D T D O T D O M H T O X R
 E S R P I C S K O S Z L E C E L H W I E E Y E E
 L S A D T Q C M T C U R Q I E S D U S A M Y A A
 L G T O H T Z J A Z V N N H U S J S N L O H I S
 F I E O S O Q V D S F S S L S D N A I T I T L E
 D O S L P Q E C F Q H F F C H L Y I A H B L X S
 Y K B B O A J S K Z R O F W R M Y U R Y J A D A
 K C W K R C Z N E U B R I B H E D U G S L E W L
 Y R T T T Q T M I M D Z K H S Z E Y U N S H K T
 U H P F S V A T I Z P W B D Z S X N C A V Y V X
 D T I Q P L S J Q U V Q V V C R E V S C C M K D
 S N O I T A Z I N U M M I T L V G G O K O T N Y
 M O O L T I C L O F L U D B T P X W G S R U W U

Helmets with sports

Insect repellent

Healthy snacks

Wear sunscreen

Blood pressure

Reduce sugars

Decrease salt

Immunizations

Carbohydrates

Healthy you

Drink water

Cholesterol

Vegetables

Biometrics

Flu shots

Exercise

Proteins

Grains

Fruits

BMI