

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Heathly Snacks for the Work Place

S P H Z X A L M O N D S P H K D R Q C E U T B S  
L U Z E L L M X H L O M W R B X K K V Z K O U K  
I Z M V F V Y K R E J O Y V O J V M S F Y N I K  
R L M M W S I K Z X M Z C V F T L K W L F M U J  
O Q L Q U I C O T T A G E C H E E S E L E D B V  
P G C R G H V P T Q S Y X H M H F I O W D C S E  
S G N T K J V M S A E P K C I H C W N H R K Y H  
A E X A Y U X A P P L E S K F R E R S S Z S C K  
O S V T M S S I I F Q M O P F R B P Q S H Z T C  
W E P B D D S H N J X C H M S N Y M T F X A I D  
J L N T C E H R S E I R R E B E U L B W E T K M  
M P V V H X B S E D J M E P D D R D L X I S V E  
N P U C U S Z S Z S H D J B M I Z I K U U T G E  
Y A A F V I U P F S S E I G B E K L R I R V T S  
V E A C S C E L E R Y S T I C K S F Q U A M Y E  
P N C R E G W P Y S E V F M X D D S G Y L E K E  
U I L U Z R G Y Y E H B N Q W E C O N E Y I T H  
D P R N A Y V E D H D L T B I B Y B F I W Y W C  
Y J V O S E P W D T G P Z R G S K G N I S R T G  
Z R K Q I V P P M E G V D T R A I L M I X I C N  
N X W Y B G P E T A L O C O H C K R A D G A A I  
S R A B N I E T O R P I W K Y C S E K N Y P X R  
R A W V E G G I E S R S O R Y E F Q M P N T Q T  
W H T N N S A U M L K Z N B C Y F U U U U H A S

SUNFLOWER SEEDS  
PROTEIN SHAKE  
RAW VEGGIES  
PINEAPPLES  
ALMONDS  
MANGO

COTTAGE CHEESE  
STRING CHEESE  
BLUEBERRIES  
TRAIL MIX  
APPLES  
JERKY

DARK CHOCOLATE  
PROTEIN BARS  
DRIED FRUIT  
RAISINS  
HUMMUS  
KIWI

CELERY STICKS  
BOILED EGGS  
CHICK PEAS  
PEACHES  
YOGURT