

Name: _____

Date: _____

Humor and Health

Q I L A U G H T E R
D Q J O K E O C P X
I K L V M Z P E S M
S I G H N O E N M U
I M N A C L W E I S
L K G P P R S R L C
L Z Z P H W R G E L
Y O Q Y L K N Y S E
X F U N N Y U N R S
B E N E F I T S L P

Benefits Laughter Muscles Energy
Silly Funny Smile Happy
Hope Joke