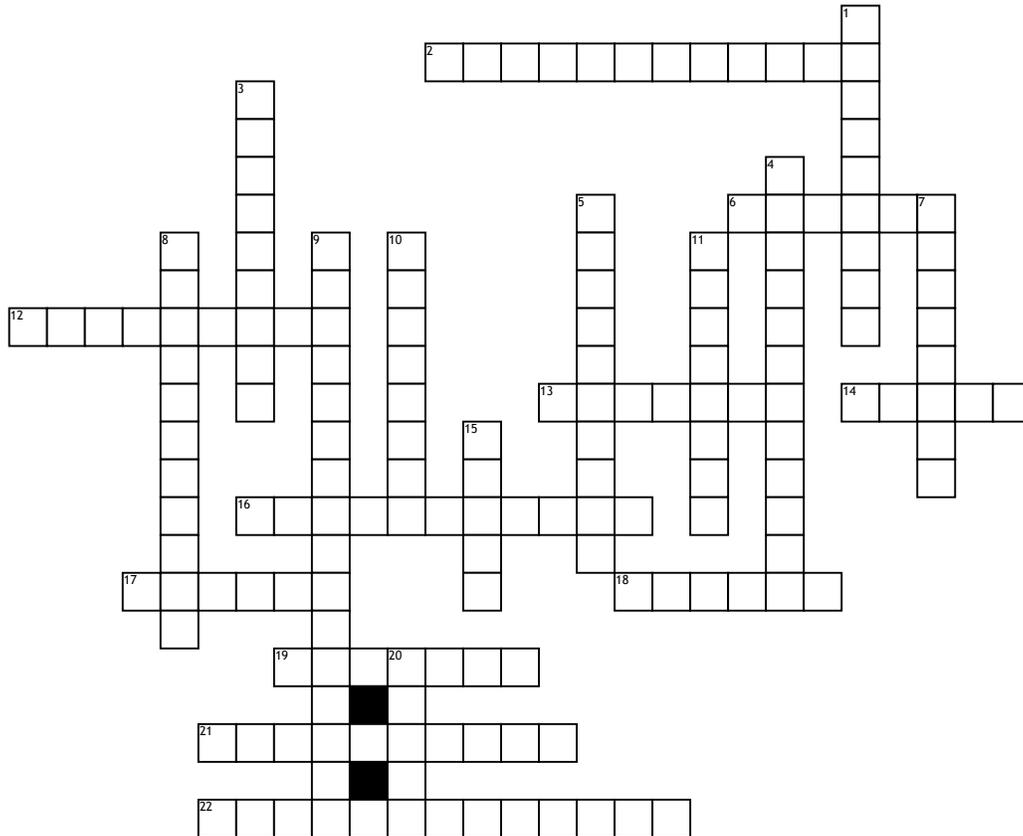


# Hygiene and Care of the Patient's Environment



## Across

2. when internal organs protrude through an open incision  
 6. a large, triangular bone at the base of the spine  
 12. a small gland in the skin which secretes a lubricating oily matter (sebum) into the hair follicles to lubricate the skin and hair  
 13. related to the side of the body  
 14. the uppermost and largest part of the hip bone  
 16. the softening and breaking down of skin resulting from prolonged exposure to moisture  
 17. a standard patient position in which the patient is seated in a semi-sitting position (45-60 degrees) and may have knees either bent or straight

## 18. lying on the back

19. The scapula (a.k.a. shoulder blade or wing bone), is the bone that connects the humerus (upper arm bone) with the clavicle (collar bone).  
 21. a patient positioned on their back with the head and trunk raised to between 15 to 45 degrees, although 30 degrees is the most frequently used  
 22. patient lies face upward on a tilted table or bed with the pelvis higher than the head

## Down

1. ductless glands that secrete their products, hormones, directly into the blood  
 3. a supine position of the body with the legs separated, flexed, and supported in raised stirrups, originally used for childbirth  
 4. enlarging of blood vessels this increasing blood flow to an area of the body

5. the medical term for a person accidentally inhaling an object or fluid into their windpipe and lungs. This can lead to coughing, difficulty breathing, discomfort, and sometimes choking  
 7. a condition that is marked by discolored areas  
 8. loss of the epidermis for example a scratch or abrasion  
 9. narrowing of blood vessels thus decreasing blood flow to an area of the body  
 10. glands that secrete substances onto an epithelial/skin surface by way of a duct  
 11. sweat glands are found only in certain locations of the body; for example the axillae (armpits)  
 15. the rounded part forming the end of the penis  
 20. lying flat, especially face downward

## Word Bank

- |                  |              |               |              |             |
|------------------|--------------|---------------|--------------|-------------|
| lithotomy        | mottling     | endocrine     | prone        | lateral     |
| sacrum           | Fowler       | Trendelenberg | evisceration | masceration |
| apocrine         | vasodilation | exocrine      | aspiration   | semi Fowler |
| vasoconstriction | glans        | scapula       | supine       | ilium       |
| sabaceous        | excoriation  |               |              |             |