

Name: _____

Date: _____

Hypertension

R H N O I S N E T R E P Y H Y R A D N O C E S D
H N R M E U Q M N P R U P U N E L M O K J P Q U
K E P J K L K W R G N I N R A E L K K F Z L K R
P Y A W V X Y E F V H D C H K X X V S H Y U O K
P G S L V A X S C Q Q F E Z Q A P S S E R T S F
K I W E T Q W P Y G K A T E D U C A T E O J O Y
J R Y D T H D U V K R T R J S U V V Y L B H G S
N G D U G Q Y W J T D X C G R E Y F R H T S N Q
Y S W C I W F K A B C N B E N U R E K E Q E I B
N A Q I I K Q T K R Z K K W Q I G S I V Z G L G
T Z X X U X T Q G B E O S J S W K D N E A N O N
U U M Z W A U Q E H R F F F Z E H O D F Z A L I
E L T O C J G A A T X T F K M S A I M L P H L T
N B L K A N H N S G Y K T Y A W K F U S T C J A
M M E D I C A T I O N S P D K Y I W E F A E N E
B W J P B H Y A N A K V I H Z D I H I H S L L P
E J B R K X I E R U S S E R P D O O L B W Y T D
S A L J K U U N C O N T R O L L E D S M A T W K
E I P R I M A R Y H Y P E R T E N S I O N S M U
B R U E X E R C I S E N Q J D W C Y Q P Z E H F
O Z G S W Q O P U L M O N A R Y N F U E D F R N
P K A S B W L W S P B P A L I X M U A A W I A L
C L Q K J J M S N W U G B L F T G S F H Z L M C
T P F S X A O V U L U S V W C A U D Q F Z P E Y

secondary hypertension
Blood Pressure
medications
learning
healthy
stress
salt

primary hypertension
heart attack
pulmonary
exercise
educate
eating

lifestyle changes
uncontrolled
dash diet
smoking
stroke
obese