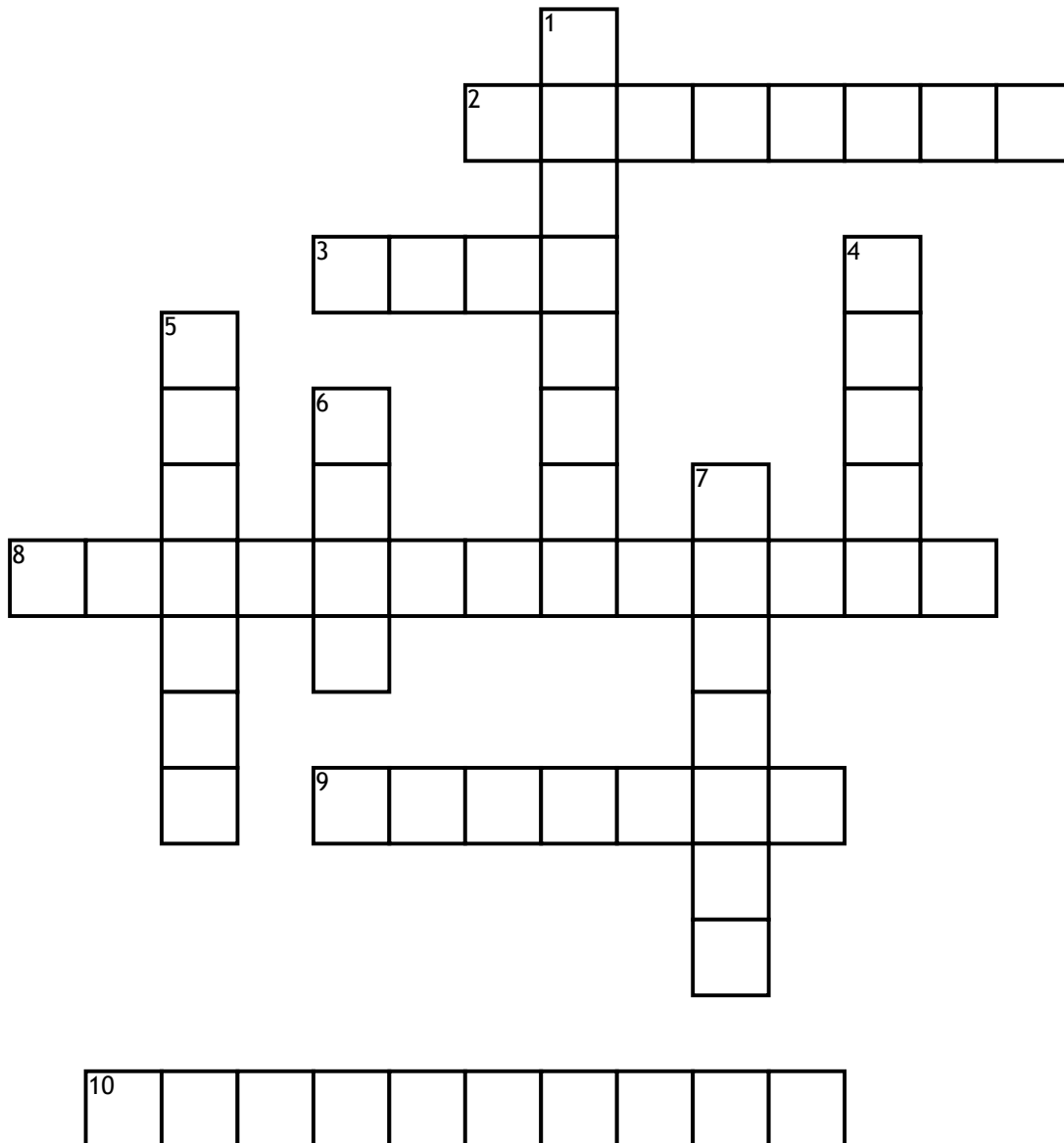


Importance of nutrients



Across

- 2. sugar disease
- 3. healthy fatty acid
- 8. supplies energy
- 9. body builders
- 10. building block of protein

Down

- 1. vitamin that causes rickets
- 4. adds roughage for food and help in easy bowel movement
- 5. an example for disaccharide sugar
- 6. the mineral that transports oxygen
- 7. mineral important for bone development