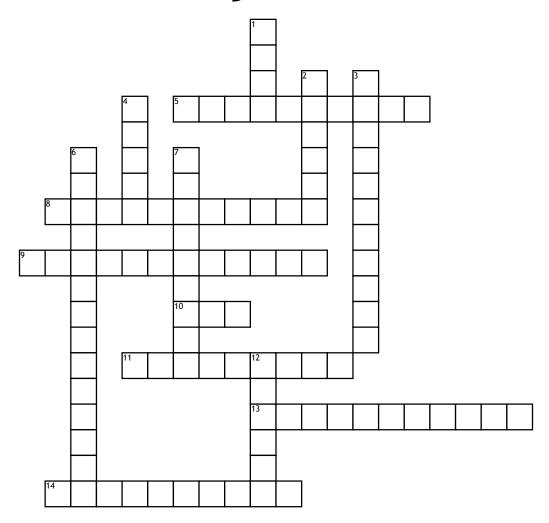
Name: ______ Date: _____

Injuries



Across

- **5.** a rolled pillow is used for this
- 8. The C in RICE
- **9.** an open wound exists
- 10. the I in RICE
- 11. muscle bruise

- **13.** inflexible device such as a padded board
- **14.** when injured body part is tied to uninjured part

Down

- 1. The R in Rice
- 2. joint injury

- **3.** when a joint comes apart and stays apart
- 4. muscle spasm
- **6.** no open wound exists around fracture site
- 7. The E in RICE
- 12. muscle pull

Word Bank

sprain closed fracture rest self splint soft splint dislocation contusion rigid splint cramp strain ice compression elevation open fracture