

Inspirational Words to Take into the New Year

V P A T I E N C E V S U R O I A D
A R U Z D Z W W P R A C T I C E K
L S E S S E N D N I K G X Y Z S N
U Q C D C O N F I D E N C E Z A X
E M N L G O A L S K U H G T C Z F
V Y A L I P P E A T C D C T D P C
N T R O Q Z X W U U T W I D U A X
O S E T S U R T L E F O J J P S E
I E V E I L E B I W N S Q G N S E
T N E Y Z L E X N E V O R P M I G
A O S U T H U N R A Q C Z Q W O A
R H R I D E G D E L W O N K Y N R
I C E Z G R A T I T U D E W L P U
P X P A R B E G N E L L A H C R O
S H Y T I N U T R O P P O N O X C
N Y P O M I N D F U L N E S S G E
I C N O I T A N I M R E T E D I N

Determination
Opportunity
Knowledge
Believe
Passion
Value

Perseverance
Confidence
Kindness
Courage
Action

Inspiration
Challenge
Patience
Honesty
Goals

Mindfulness
Gratitude
Practice
Improve
Trust