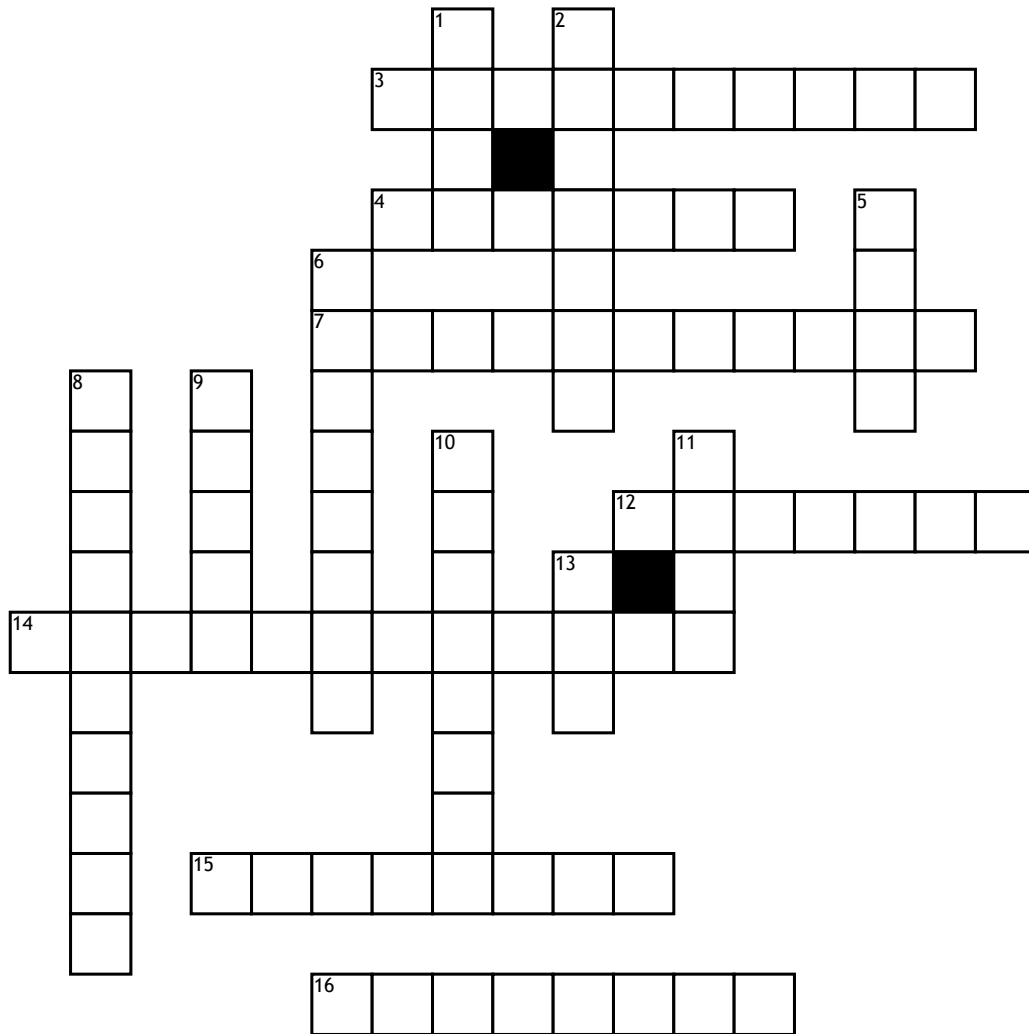


# Interpersonal Effectiveness



## Across

3. Balancing opposites  
 4. Objectives Effectiveness  
 7. This helps when building relationships with others  
 12. Human beings are wired to \_\_\_\_\_  
 14. Repeat, repeat, repeat  
 15. To do this shows that you understand the other persons thoughts/feelings

## Down

1. Relationship Effectiveness  
 2. Remember to \_\_\_\_\_ your goals  
 5. Keeping or Improving your self-respect  
 6. This gets in the way of interpersonal effectiveness  
 8. A factor to consider

## Across

9. \_\_\_\_\_ to your values  
 10. Use this to decide to end a relationship  
 11. Do you want a \_\_\_\_\_ day or a \_\_\_\_\_ life?  
 13. Interpersonal Effectiveness skills are for \_\_\_\_\_

## Word Bank

Priorities	Mindfulness	WiseMind	You
Connect	Good	Emotions	DEARMAN
Describe	Validate	Clarify	Stick
Dialectics	FAST	BrokenRecord	GIVE