

Name: _____

Date: _____

Interpersonal and Self-Management Skills

A W S H N A C V V D E R U T S O P D S P U A X E
P D L L I T M S H U M L B U D L U W W J X D I J
L M I B M N Y P E Z N O I T A S I N A G R O X S
U T S V E U N M M E T M L X T D O T H P S I Q G
N Z T Q K H O O V F H T R M F I C U H J E J R Y
O Y E C E T A I I V H C M L T G I Q W X H C O F
I V N K I E T V R T M A L Y V J L E F S O A B A
T H I O F R Q T I R A Y G Y D R X N W N E A U C
A G N T E P Y F E O P X Z G R D K A F V C M N I
C G G S N G M T A P U R A F R U K I E L A T D A
I Z S E A E X S E I T R K L Q E D K U Y L W E L
N A X C J X M S X C W N S R E E S D F M W J R E
U V J F O S T E S M N J C Z N R W S E D C T S X
M W K F W K R O V E B P A C Q Q G R I A I Z T P
M O H E L T K N T O R E E K Z H H C L V G F A R
O L V V E C H K D A M T T S R T K Z W K E U N E
C Q G G I V X T E D B P S F U O R S O X V R D S
Y Y D S I B D S K T A P P R O P R I A T E M I S
A V M R W S T I M E M A N A G E M E N T I A N I
J Z I R R J D P G E S T U R E S B F Y T I D G O
Q P A S S I V E I C Z C E L V V I X Z W F L U N
E M Y Z G P E R S O N A L S P A C E A W O G E S
Y L E Y E C O N T A C T F H K T I X T P Q Q E T
C P R C S G Q E E H T Y J N O N V E R B A L R R

FACIAL EXPRESSIONS
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POSTURE

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AGGRESSIVE
RELAXATION
LISTENING
EMOTION
STRESS