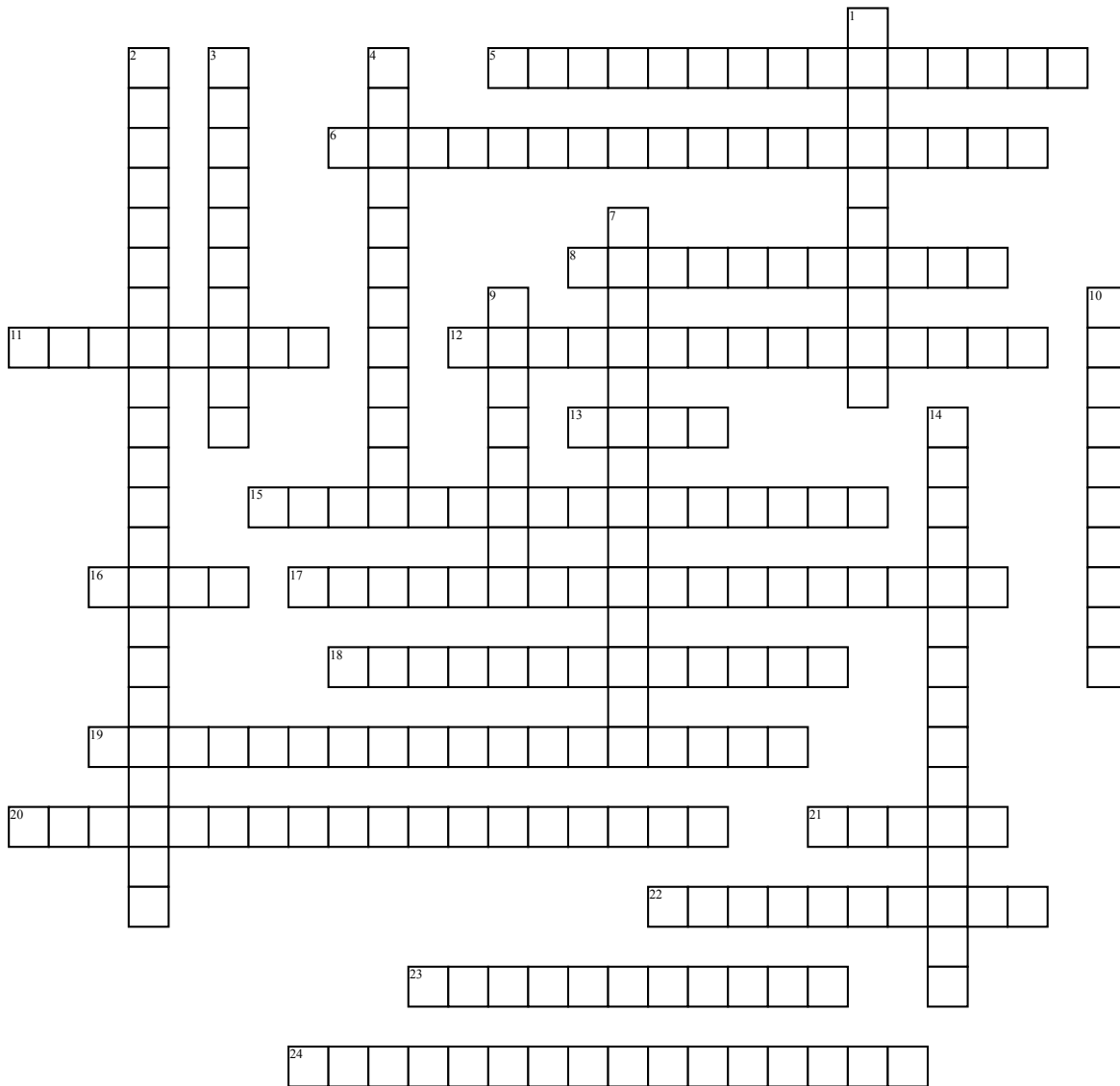


Journal 3 Study for Test 1



Across

5. recognizing the causes of stress, responding in appropriate ways, and staying strong under pressure
 6. term that covers wide variety of specific learning problems
 8. learners prefer to learn through experience and practice
 11. copying from another student during a test or exam
 12. the decline of memory over time
 13. center athletic academic services
 15. calendar that shows all the important dates that specific to your campus
 16. visual aural read kinesthetic
 17. this affects development of academic skills, including reading, writing, and mathematics

18. learners prefer to learn information through charts, graphs, symbols
 19. involves the ability to monitor and identify feelings
 20. this affects the ability to focus and college students
 21. learners prefer to hear information and discuss it
 22. copying a few sentences of material without quoting them in the paper
 23. being on time
 24. based on the belief that feelings can be modified, even improved

Down

1. paying attention to your needs and feelings
 2. knowing how and why you feel the way you do

3. learners prefer learn information through words on a printed page
 4. having too much to do given the resources available to you
 7. managing the amount of time you spend on center assignments
 9. a list to remind yourself what work you have due
 10. putting your tasks, goals, and values in order of importance
 14. habit of delaying something that needs your immediate attention