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## KEY CONCEPTS TO CONCENTRATION

$\begin{array}{llllllllllllllllllllllll}Y & Y & E & H & X & M & N & P & O & T & T & X & P & B & G & G & G & U & N & E & C & S & V & F\end{array}$ $V \quad S \quad X \quad N \quad G \quad T \quad T \quad J \quad E \quad S \quad N \quad I \quad B \quad E \quad Z \quad Q \quad J \quad H \quad U \quad A \quad I \quad E \quad U \quad U$









 $\begin{array}{lllllllllllllllllllllll}P & H & L & D & F & I & A & W & V & V & N & C & F & R & A & J & H & G & C & E & R & N & U\end{array}$












| SHORTRANGEGOALS | GOODLIGHTING | CONCENTRATE |
| :--- | :--- | :--- |
| COMFYCLOTHES | VENTILATION | PEPPERMINT |
| STUDYBREAKS | COMFYCHAIR | GOODSLEEP |
| BIGDESK | RECONIZE | ANXIETY |
| REWARDS | SNACKS | BOOKS |
| FOCUS | TEACH | PLAN |

