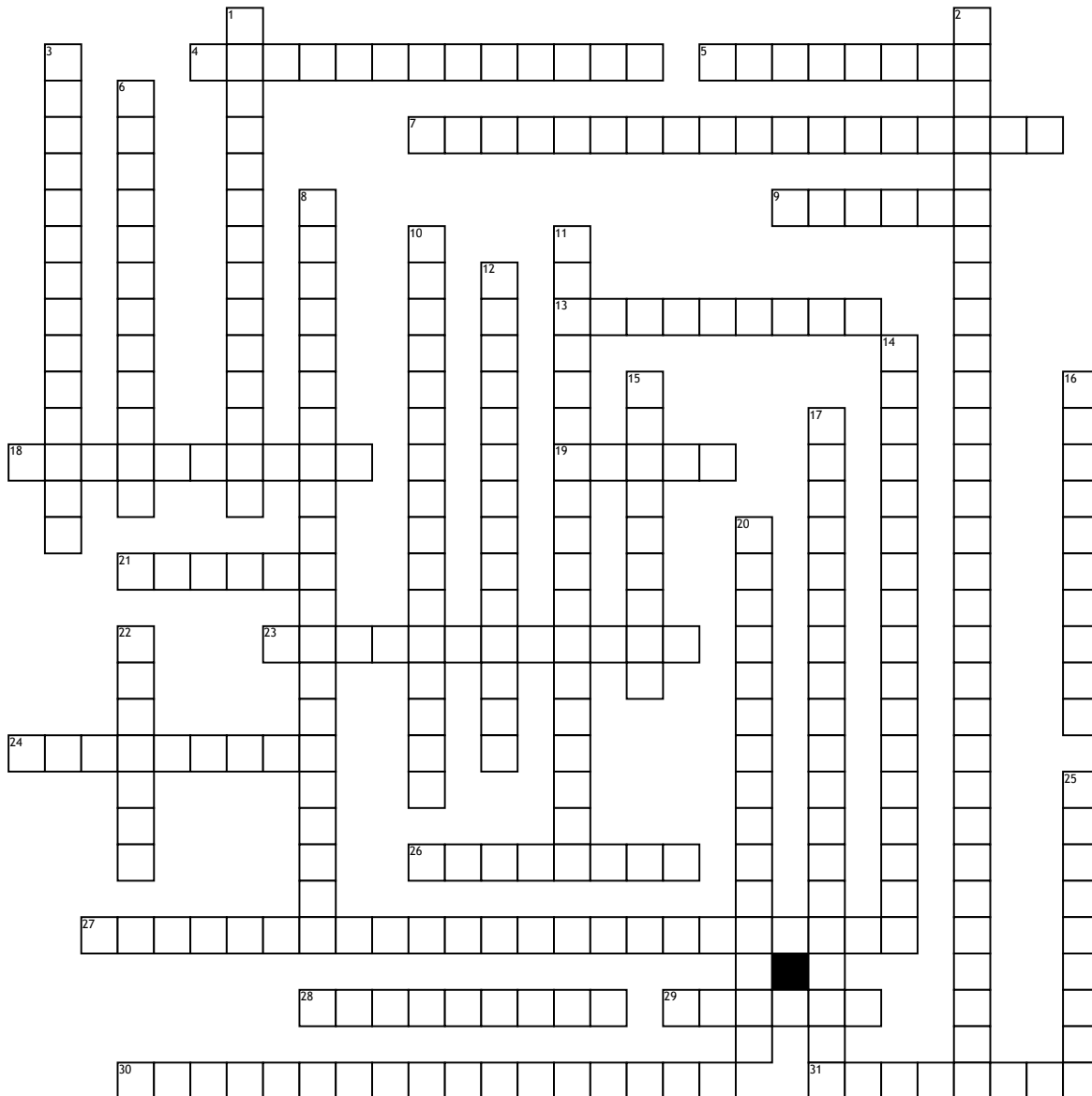


La Bonne Santé



Across

- 4. to stay in shape
- 5. to breathe
- 7. to stay healthy
- 9. to sleep
- 13. to rest
- 18. dentist
- 19. enough
- 21. it is necessary, one must
- 23. proteins
- 24. balanced

26. obesity

- 27. energy drinks
 - 28. diabetes
 - 29. to avoid
 - 30. it is necessary to
 - 31. to feel
- ## Down
- 1. organic products
 - 2. to make an appointment with the doctor
 - 3. to go to the gym

6. habits

- 8. fruits and vegetables
- 10. to exercise
- 11. balanced meals
- 12. mental health
- 14. sugary foods/sweets
- 15. to take care of oneself
- 16. starch
- 17. dairy products
- 20. to make life easier
- 22. to limit
- 25. to be hydrated