

Name: _____

Date: _____

Learning Self-Love

T N E M E G A R U O C N E D J K H
G R D C A R E L E S S N E S S Y D
R P U M O T I V A T I O N D U T E
B A T P S A D N E S S I X E N H F
O F V Z A O G N I G N O L E B E E
Q E X L W S K K W V R D M T S B N
D E P R E S S I O N E R O S E I S
K Y E C N E G I L G E N E F C N I
S L T F E N H L O W O N O K N S V
R R C E Y L V W O N S Z B S E E E
A O S C I F O P A S R V H I D C N
Y D O J D X M V E X W A I T I U E
N H G H K E N L E Z M E D S F R S
X M V B X P E A Y E T U X W N I S
E D V I D P V I D J U A M H O T K
O F F U O H A P P I N E S S C Y A
S V E H H I N S P I R A T I O N N

defensiveness
inspiration
depression
Belonging
shame

encouragement
empowerment
Motivation
sadness
love

hopelessness
negligence
confidence
anxiety

carelessness
insecurity
happiness
passion