## Les aliments sains et malsains

| K | C | 1 | D | S | X | B | Q | B | $N$ | T | B | $N$ | E | T | D | J | P | G | F | E | V | E | B |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| D | 1 | H | F | W | M | 0 | $F$ | W | C | 0 | L | D | P | A | U | F | M | N | z | E | Q | $z$ | 1 |
| G | X | W | $R$ | Q | Y | $N$ | Z | A | L | M | E | 1 | C | R | E | M | E | G | L | A | C | E | E |
| K | W | P | 0 | F | M | B | 1 | $z$ | H | A | U | B | A | R | R | E | G | L | A | $C$ | E | E | G |
| W | S | R | M | A | T | 0 | $V$ | D | D | T | E | 1 | 0 | L | K | A | U | U | G | B | Z | X | U |
| S | $Y$ | G | A | L | $N$ | N | 0 | Y | W | E | T | V | Y | E | X | D | M | H | K | $R$ | $J$ | G | E |
| 0 | M | A | G | C | 1 | T | R | 0 | U | 1 | L | L | E | F | T | 0 | H | N | U | S | E | Q | Y |
| M | 1 | C | E | U | D | P | 0 | $R$ | A | $N$ | G | E | 1 | A | $R$ | T | 1 | C | H | A | U | T | X |
| C | H | 0 | U | F | L | E | U | $R$ | Z | $J$ | K | W | W | W | 1 | C | H | 0 | U | K | A | L | E |
| Y | K | L | $J$ | C | 0 | M | U | A | B | 0 | 1 | S | S | 0 | $N$ | G | A | $z$ | E | U | S | E | F |
| S | 0 | S | K | H | G | $Z$ | T | F | T | R | Q | S | M | B | C | $z$ | Q | G | C | 0 | E | U | Y |
| T | B | Z | F | C | A | $R$ | 0 | T | T | E | C | B | K | E | P | 0 |  | S | K | B | A | G | V |
| S | R | T | B | 1 | S | C | U | 1 | T | S | H | A | C | $X$ | $N$ | C | H | Y | H | K | A | P | P |
| C | $R$ | 0 | U | S | T | 1 | L | L | E | S | 0 | $N$ | M | Y | C | 1 | Z | N | L | C | U | E | 0 |
| L | $V$ | S | R | U | F | Q | S | H | W | B | U | A | S | T | E | $J$ | T | Z | 0 | $J$ | B | T | 1 |
| Y | H | F | Y | W | F | P | A | M | L | M | T | N | U | V | $R$ | G | P | X | K | 1 | E | 1 | R |
| V | F | K | K | Y | M | U | L | 1 | G | E | D | E | E | H | 1 | E | M | $N$ | 1 | R | $R$ | T | E |
| L | F | U | 0 | K | D | $J$ | A | F | 1 | L | Y | M | A | 1 | S | R | $x$ | C | $z$ | Q | G | G | M |
| F | $R$ | A | 1 | S | E | S | D | 0 | E | 0 | 0 | Q | W | K | E | $N$ | $N$ | Q | W | D |  | A | S |
| H | H | $J$ | $x$ | S | K | G | E | C | D | $N$ | 0 | S | S | S | $J$ | K | F | K | K | P | N | T | P |
| C | $Y$ | A | 0 | U | R | T | N | H | L | D | F | P | R | P | 0 | 1 | V | R | 0 | N | E | E | D |
| P | M | N | S | R | A | 1 | S | 1 | N | E | W | N | C | L | $J$ | L | U | E | L | $z$ | T | A | W |
| N | C | 0 | $N$ | C | 0 | M | B | R | E | A | A | $N$ | T | K | 0 | G | A | Q | $R$ | S | E | U | 1 |
| N | Y | B | A | N | 0 | 1 | X | H | N | U | H | A | $R$ | 1 | C | 0 | T | M | R | Y | F | Y | K |


| boisson gazeuse | petit gateau | creme glacee | barre glacee |  |
| :--- | :--- | :--- | :--- | :--- |
| croustilles | citrouille | chou-fleur | aubergine | melon d'eau <br> chou kale |
| artichaut | concombre | biscuits | poivron | haricot |
| fromage | carotte | salade | yaourt | bleuet |
| cerise | fraise | bonbon | tomate | orange |
| banane | raisin | poire | chou | pois |
| feve | noix | mais |  |  |

