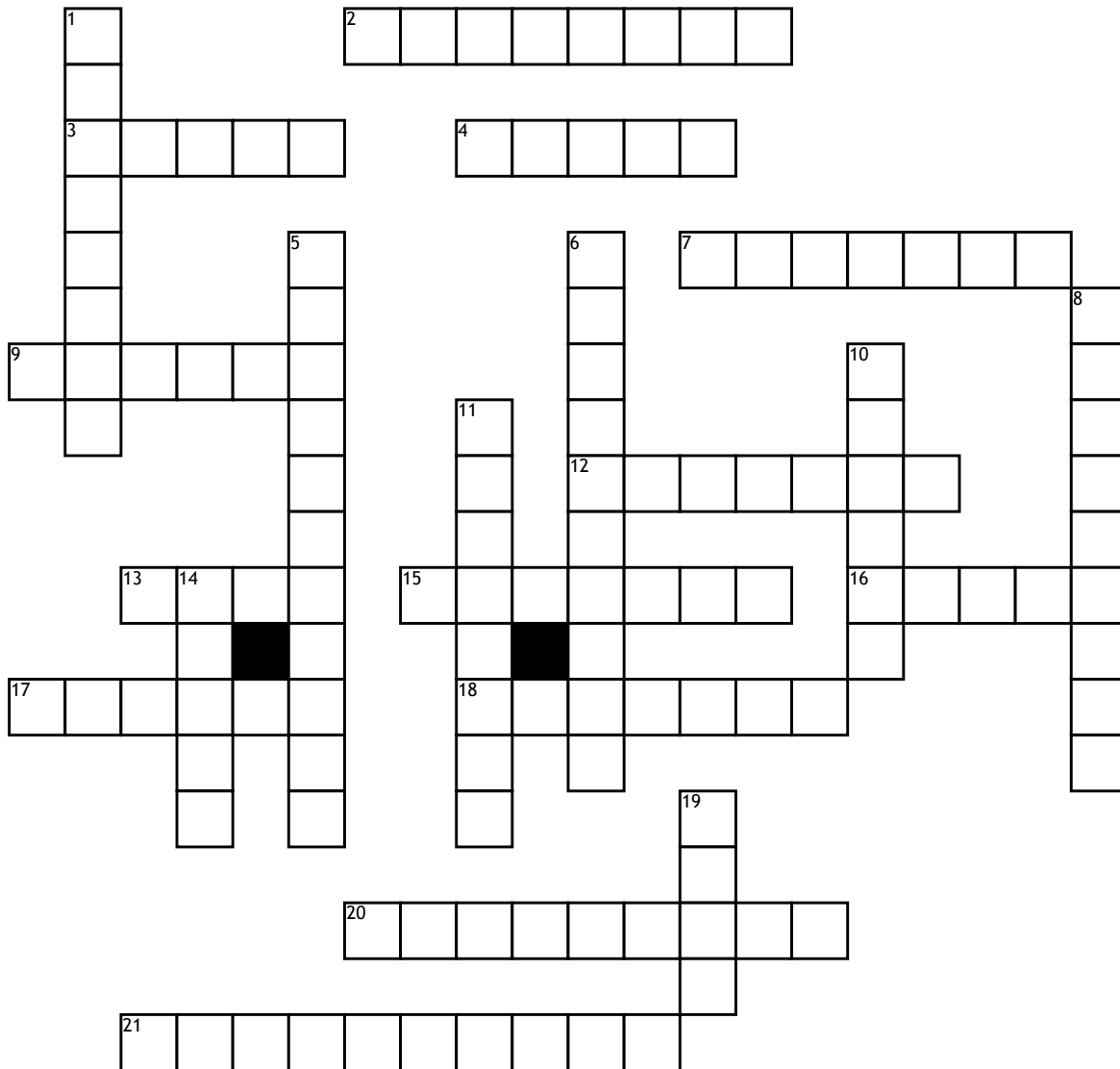


Let's Celebrate Canadian Breastfeeding Week



Across

2. Uninterrupted skin to skin contact is especially important with mom and baby at this time
3. A breastfeeding mother should follow the Canada Food guide, there are no foods she should
4. Feeds at this time are normal and important to establish breastfeeding and maintain milk production
7. Breastfeeding is green for the environment and saves the family budget hundreds of _____
9. Watch babies cues, not the clock when feeding your baby feed on
12. exclusive breastfeeding can aid in child _____
13. Women with _____ or inverted nipples can breast feed, babies latch to breast

15. these are inexact copies of breastmilk and do not contain any living cells they are not the same as breast milk
16. Number of times or more a newborn should eat in 24 hours
17. Breastmilk is the perfect food for this tummy illness,
18. mothers may continue to breastfeed with these, her milk will protect baby
20. You can breastfeed after these augmentation or reductions are examples of these,
21. This can be done by hand better than a pump to delivery babies precious colostrum

Down

1. A baby may become too sleepy or lethargic, or feeding cues may be missed if this is done.
5. Very few of these cannot be taken safely while breastfeeding
6. Babies diet should be exclusively this the first six months, nothing else not even water
8. Babies first immunization
10. breastfeeding protects mom against osteoporosis, ovarian and breast
11. The amount of women who produce an abundance of milk
14. A good one of these is important to help the baby obtain the available milk
19. Mothers milk can help with, this from needles and procedures