

Name: _____

Level 3 Repair

P Y L L A T N E M G D U J N O N M V R R Y F D S
A F Z R M S S N O I T O M E G J S Z U Z N W X T
R J K E K D G B V X T T D D U J V S X O Y A S C
T N Z X K L O M C O F W Z B H J H D I J G L J O
I E W B X I R H U M E X K A F Q D T I N I H R N
C T B R I H U C E B E T A D I L A V O H E H I T
I S V Q P M H F I A P W G Y S C S B I C G P K R
P A Z X U M L R Y C R V G N A M E G N O E B O I
A T C T V V C A Y V W W O V D X I A V S N K W B
T O K O B S E R V E R B N O B W T Z D W C C H U
E I L V E M I N D F U L J R K P I M R C O E B T
W H S D X F C R C E Y S F R E B V H Z B U F V I
S X O C B O N A G G X O A C J B I C U A R F O N
P S N O S I R A P M O C C W Y R T K B R A E K G
S S T K N L S X Y M B A X M F F C M U P G C A Q
T N J N U O U E T X L M B Q D H A P P F E T Z S
H O I B X H I U I A A K Q D K C V E C D M I N E
G I X Y A Z P T C G I J I S O B O W J I E V E Q
U T D Q S R R I A B O Q S I S E E A J P N E H Z
O A K B G R D W H X P L O V Q J H U W T T L W A
H S G C V A V F J R A Z O S M E L L O Q H Y K U
T N Z U R A O J F D S L P P L R P P Y E Z C K C
Q E O B T N Y Z Y W G H E I A M B N N J P D J V
W S R U W W U A Q C H R Z R C O R I C P E E G X

Radical Acceptance
Comparisons
Sensations
Vacation
Mindful
Taste

Nonjudgmentally
Effectively
Activities
Thoughts
Observe
Hear

Encouragement
Participate
Apologies
Emotions
Touch
See

Contributing
Relaxation
Validate
Describe
Smell