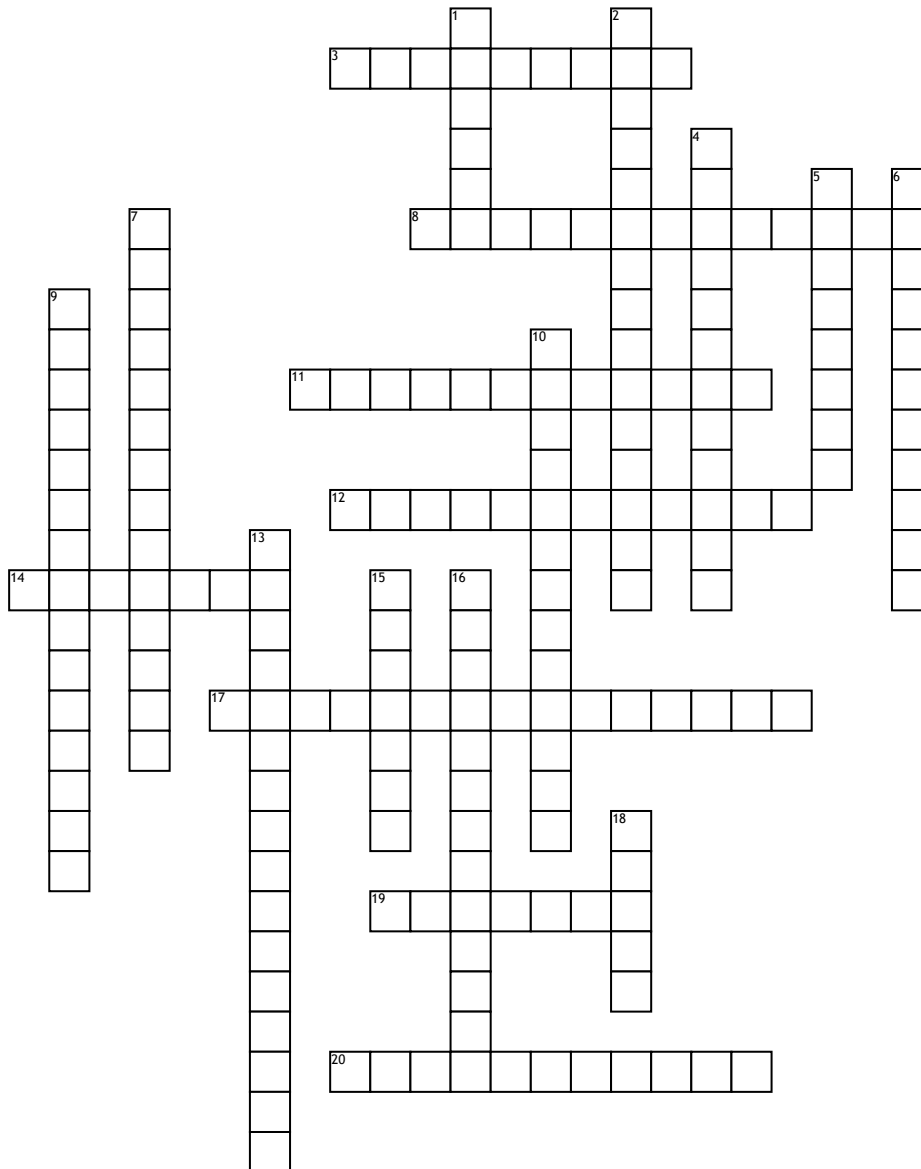


Name: _____

Date: _____

Life Cycle Nutrition Crossword



Across

3. producing breast milk
 8. A recommended number of daily servings for each food group
 11. Influence of people in the same age group
 12. Doctors who specialize in the care of pregnant women and child birth
 14. The unit used to measure the amount of energy value in foods
 17. severe condition in which the body cannot control blood sugar levels

19. A diet that is popular for a short period of time
 20. A reaction to the body's immune system when exposed to protein in foods

Down

1. Physical or mental tension caused by a reaction to a situation
 2. Portions of bone, muscle, fat and tissue that make up the body
 4. Baby doctor
 5. Stages of human growth from birth through maturity
 6. Abnormal loss of body fluids

7. Abnormal eating behavior that harms one physically or mentally
 9. An eating disorder where the person starves themselves
 10. A body mass index 18.5 to 24.9 in an adult
 13. Using healthy food choices and exercise to maintain a healthy weight
 15. the body's ability to meet physical demands
 16. Foods that have been canned, frozen, dried, cooked, or fortified
 18. Unborn baby