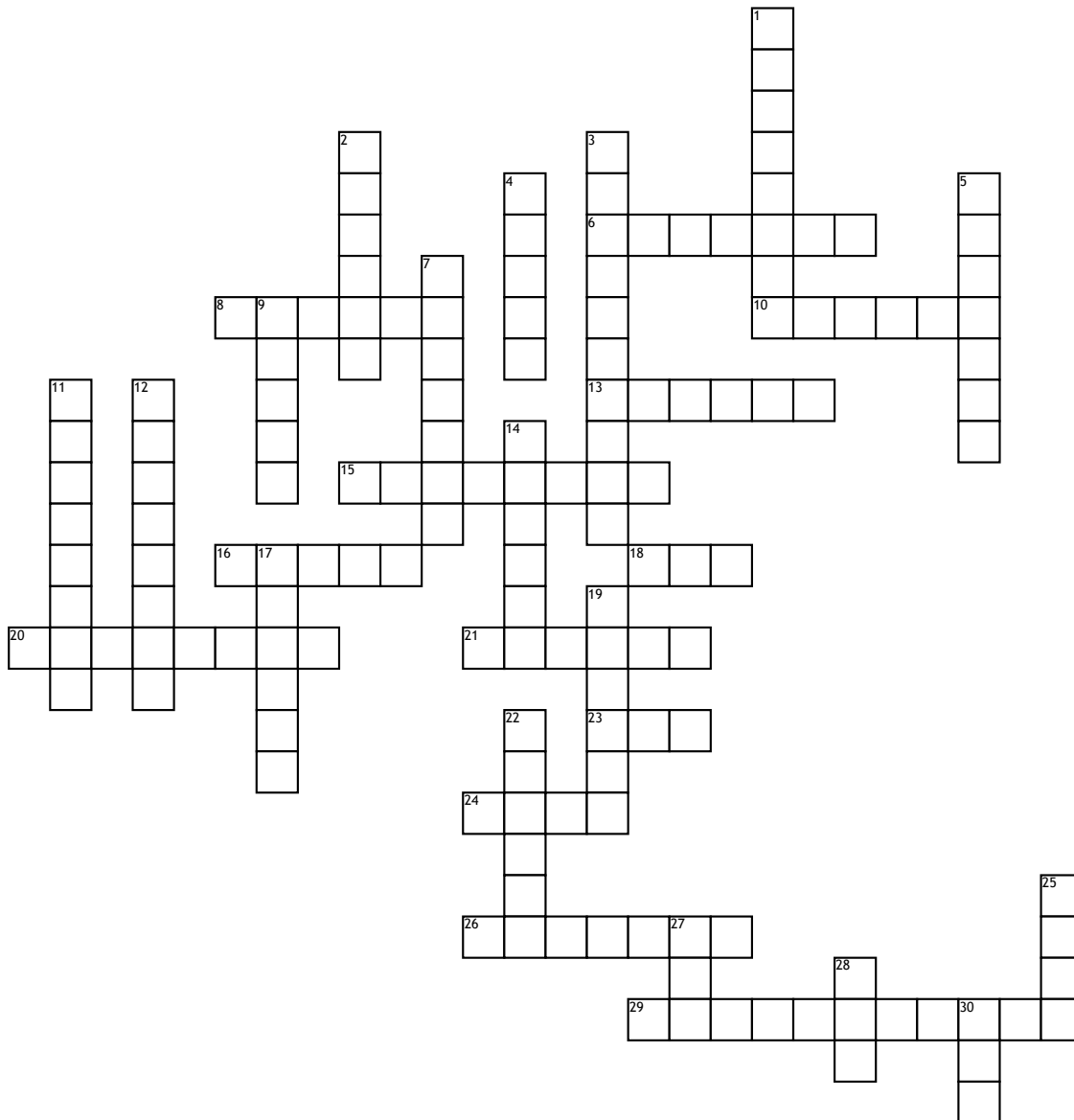


# Lifeguard Cross Word Puzzle



## Across

6. Caused by an object stuck in the throat.  
 8. Sudden numbness of face arms. Severe headache.  
 10. Wearing these reduce the risk of cross infection from bodily fluids.  
 13. The amount of compressions for an adult during CPR.  
 15. Scrape  
 16. Temporary condition due to lack of oxygen to the brain, can be mistaken for shock.  
 18. Oxygen equipment that requires two people to administer a breath.  
 20. A break or crack in the bone.  
 21. The first thing to check for when finding a unresponsive guest.  
 23. Skill performed when the guest is not breathing and has no pulse.

24. A total of \_\_\_\_ rescue breaths should be administered in the water.  
 26. Given to a diabetic to control level of sugar in the blood.  
 29. Heavy or tight chest pain.

## Down

1. Most important skill as a Lifeguard.  
 2. Dangerous substance that can be swallowed or inhaled  
 3. Deep cut.  
 4. By feeling this you can tell the heart rate and rhythm.  
 5. Communication tool all Lifeguard's have.  
 7. person suddenly becomes stiff or shaking of the body occurs.  
 9. This should never be used when checking a pulse.

11. Position used to maintain and protect the airway.  
 12. Skill performed on a choking guest.  
 14. wheezing, shortness of breath, inhaler.  
 17. There is a risk this may become blocked in an unconscious guest.  
 19. Entering in the water to assist a guest in danger.  
 22. Prescribed medicine given to a guest with a severe allergic reaction.  
 25. Fluid that can be used to protect a tooth.  
 27. Useful for reducing pain and swelling for a sprain.  
 28. Written document stating who does what during an emergency.  
 30. Device that provides an electrical current to correct the heart rhythm.