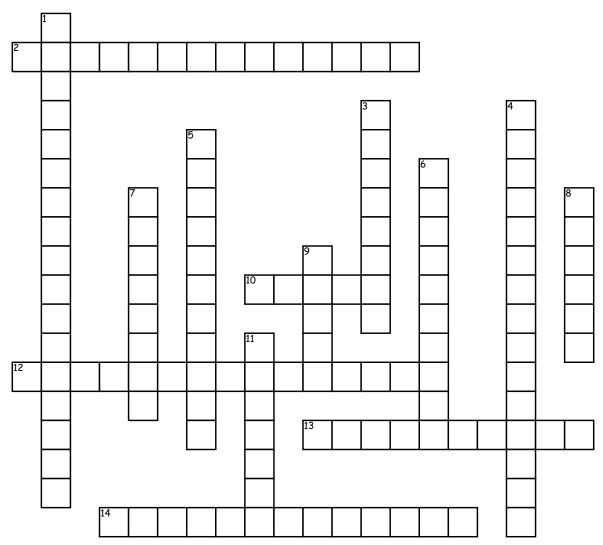
Living a Healthy Life



Across

- 2. person capacity to learn about and understand basic health information
- 10. people of the same age who share similar interests
- 12. the providing of accurate health information
- 13. practicing health and safety habits to remain free of injury
- 14. actions that can threaten your health or others

Down

- 1. a nationwide health promotion and disease prevention plan
- 3. total health
- 4. related risks that increase with each added risk
- 5. the sum of your surroundings
- 6. avoiding harmful behaviors

- 7. traits that were biologically passed to you from your parents
- 8. Physical, mental/emotional, and social well-being
- 9. various methods of communicating information
- 11. collective beliefs, customs, and behaviors of a group