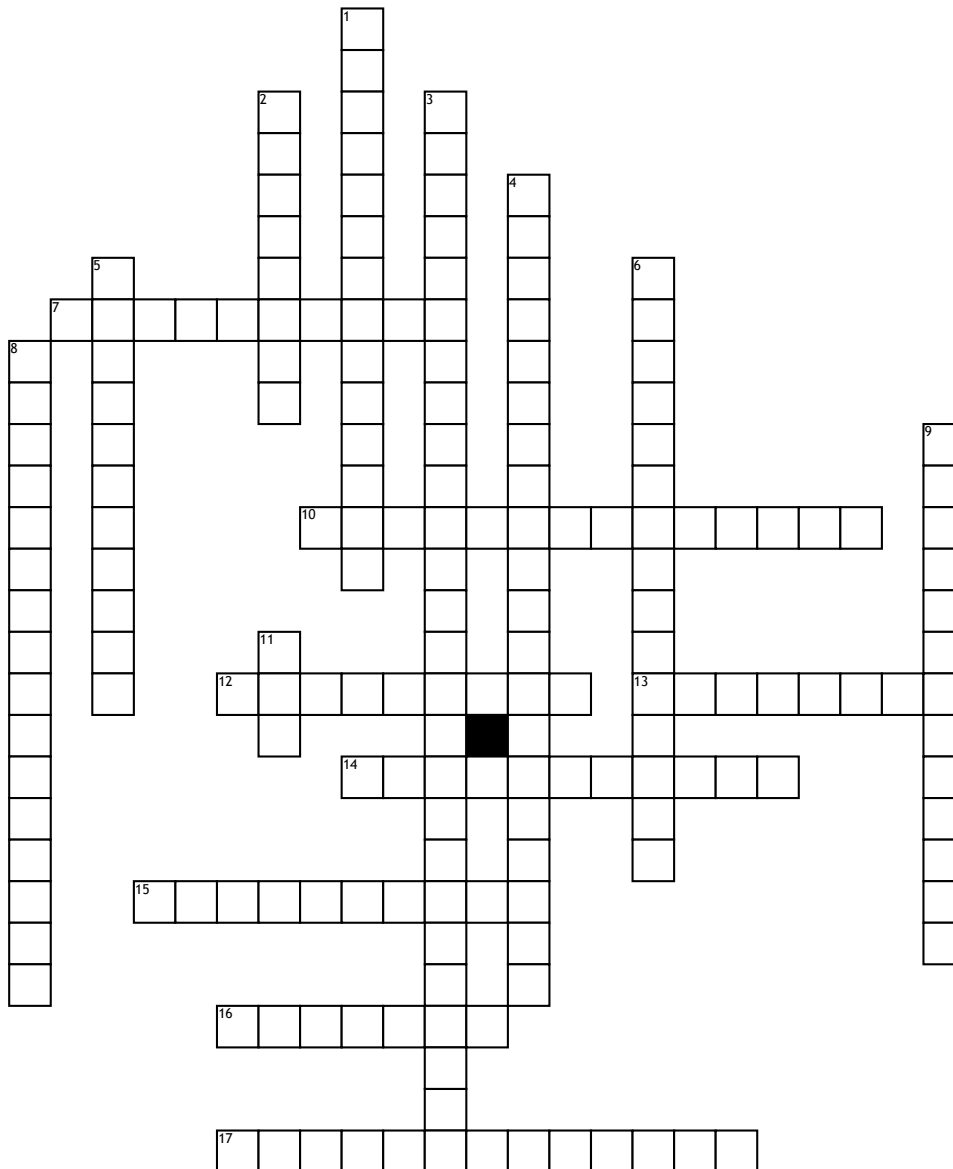


Name: _____ Date: _____

Lower Extremity Injuries



Across

7. What does the "C" in MCL and LCL stand for?
10. Hyperextension injury to big toe
12. Sprain in the knee caused by a valgus force
13. The ACL prevents the tibia from moving which direction?
14. When the patella gets dislodged out of its normal place it is called a ?
15. Swelling that accumulates behind the knee from an underlying injury is called a ?

16. A _____ is when a tendon completely tears in half?
17. Mimics a fibula fracture; _____

Down

1. Tiny fractures that occur in the bone, typically due to overuse
2. Inflammation of a bursa
3. AKA: shin splints, caused by overuse, biomechanics, improper footwear
4. Overuse of the patellar tendon from jumping is called?

5. Acute _____ Syndrome requires immediate surgery due to the pressure trapped in the muscle belly
6. Growth Injury that can cause the tibial tuberosity to be painful and grow
8. Inflammation of the bottom of the foot, pain with walking
9. Life threatening injury to the largest bone in the body
11. Which knee ligament requires intense force to be torn, usually from a car accident?