

MIDDLES MUDDLE.

P H T P E D L A N O I T A L E R H
E C N A T P E C C A F L E S E M W
G N I R E W O P M E F X C R S G L
K C F N G D O Q T R U S T S G G L
P O S S E N E U Q I N U E U C H S
I N N L L C D R T P D N D M D D A
H G N A M O R R T Y K J R D D J Q
S R J I Q A C J M C E S S A P M I
N U G O L T S M U Z E I T N V N O
O E Q B P X W T F H U O R L F S J
I N F X G H S X F T B A Y L E R P
T C R H T E W B W W G G G B W G I
A E C C H A U G W O W I P L E F L
L L N Y A L M L J R P M G K Y Q X
E L X H Y I U R R G R U Q Z X P U
R B T W P N K C H A N G E R A Y Y
P V M W D G R D W X T L N P Z Y A

relational depth

self acceptance

relationship

empowering

uniqueness

congruence

stuckness

impasse

healing

growth

change

trust