# MUSCLES AND BONES 



## Across

1. Seven irregularly shaped bones found in the ankle and foot
2. Upper jawbone that forms part of the nose and eye socket
3. Eight of the wrist bones
4. Kneecap
5. Muscle that connects calf muscles to heel bone
6. Triangular muscle located on shoulder
7. Small bones forming the backbone
8. A large, flat, triangular, superficial muscle of the
shoulder and upper back.
9. The inner and typically larger of the two bones
between the knee and the ankle
10. Collarbone
11. Either of a pair of bones forming the two sides of the pelvis
12. A muscles that contracts and moves a limb.
13. Lobe of the brain lying beneath the temples
14. The broad upper part of the sternum
15. Muscles that connect the upper anterior tibial
extremity to the vertebrac column
16. A muscle stretching over the forehead into the upper eyelid.
17. Lobe of the brain at the top of the head 41. The bone of the thigh between the hip and the knee

## 42. Shoulder blade

43. Large muscle on the chest
44. Any of the five bones of the hand

## Down

4. A fusiform muscle of the anterior thigh, one of the
four parts of the quadriceps femurs.
5. Elongated rectangular bone that forms the bridge of
the nose
6. Muscle located in the upper arm and elbow joint
7. Lobe of the brain lying immediately behind the
forehead
8. Lower jawbone
9. Flexor of the hip
10. Bones behind the phalanges
11. Muscles that are located between the ribs and the pelvis, on the front of the body.
12. Muscles that laterally rotate the hip
13. Muscles that decrease the angle between bones and
joints
14. Is located in the front of the body. It is where the 'six pack' is located.
15. Main extensor muscle of the hip and buttox
16. A quadrilateral bone that forms the cheek
17. Muscles that increase the angle between the members of a limb
