

Name: _____ Date: _____

MUSCULOSKELETAL EXAM FINDINGS

1. Pain = acromioclavicular joint disorder
 2. Dull pain - rotator cuff tendinitis
 3. PAIN is due to overstretched ligaments or rotator cuff tendinitis
 4. Tests rotator cuff tears, patient can't hold arm at 90 degrees
 5. Tests anterior instability or shoulder dislocation
 6. hand fills in 5 seconds, circulation is good
 7. positive pain is carpal tunnel syndrome
 8. If hip rises, tight hip flexor or tight iliotibial band
 9. palpable click during flexion = posterior tear in medial meniscus
 10. Groin pain due to tendinitis
 11. Pain suggests ligament damage or meniscal injury
 12. Tests gluteal medium strength and shows hip dislocation
 13. No plantar flexion indicates complete achhiles tendon tear
 14. infant hip dislocation, palpable click when dislocated hip is reduced by abduction
 15. Pain means disc problem or ulcerative colitis
 16. Excessive motion in either direction means ligament disruption
 17. Normal patient has full ROM, tests diagnosis of glenohumeral laxity if pain
 18. Tests integrity of the ACL
 19. Instability is posterior ligament injury
 20. positive test shows One knee is lower than the other
 21. Positive test will elicit pain and a THUD tests for ligament stability
- A. APLEY
 - B. ALLENS TEST
 - C. POSTERIOR DRAW
 - D. CROSS ARM
 - E. ILIOPSASS
 - F. ANTERIOR DRAW
 - G. ALLIS'S TEST
 - H. TRENDELENEBURG
 - I. LAXITY
 - J. LACHMANS
 - K. DROP ARM
 - L. THOMAS
 - M. THOMPSON
 - N. SIDE TO SIDE
 - O. APPREHENSION
 - P. BARLOW ORLANI
 - Q. MCMURRAY
 - R. NEERS
 - S. PHALENS
 - T. SACROILIAC JOINT TEST
 - U. HAWKINS