

Name: _____

Date: _____

Made out of Grains

O Y F P P C Z L N Y R S A L L I T R O T B G T J
J R G R Y Z E B O B J M W F I K Y C P E C O B S
N F A R B G X T Y W W H I T E B R E A D E N L J
F F R J A C F H N A T A U U Z P X L D R A C J E
W W L B I C D D A R Z F L G A R C Z Z T J M I U
H K I Y Q W I H R S O U R B R A W X R P M Q N R
O L C C R A C K E R S C O V K V Z E Q U F I L I
L C B I H Y E Z K I F T P F C I A A A N I T A C
E X R Z T B I Y V V O W J O P O P E I V G T B L
G S E G C S O B C Y F S G U P L T Y X P Q E T F
R C A U D V D K F B A J Z A V L Y L T T P H Y L
A E D U S N H A F S D Z J D T I M N J R H G Y L
I Q O V S R Z O E B H F F P V R C C H O M A X O
N W O A K J J S R R Z C J A T I P J M F S P H R
B E T T E U G A B P B H M G N R T S A O T S O R
R S M Y Y M P D D B V E B J O U T O I E Q K T E
E Z Q D T B T Y J V M A I W P J B Y D M B N D N
A U V D S P N J E E L Z U Y D S L R A T U V O N
D F S H J C F P F A A J K G Z H U Z E M Z P G I
P A N G A S A L L A H J J V L U Z S W G X E B D
U W F V N K C V I R Z Z Y V Z I L M M B R U U K
Y N I S P I H C O T A T O P P D U B J L O U N F
I A S G E Z C W F L M W S U F S M Y B R I Q B P
A J M U L T I G R A I N B R E A D W T Q C S G U

Multi grain bread

Whole grain bread

Garlic Bread

Potato Chips

Hot dog bun

Dinner roll

White bread

Burger Bun

Breadstick

Spaghetti

Ravioli

Crackers

Baguette

Tortilla

Popcorn

Lasagna

Pizza

Toast

Bagel

Pita

Rice