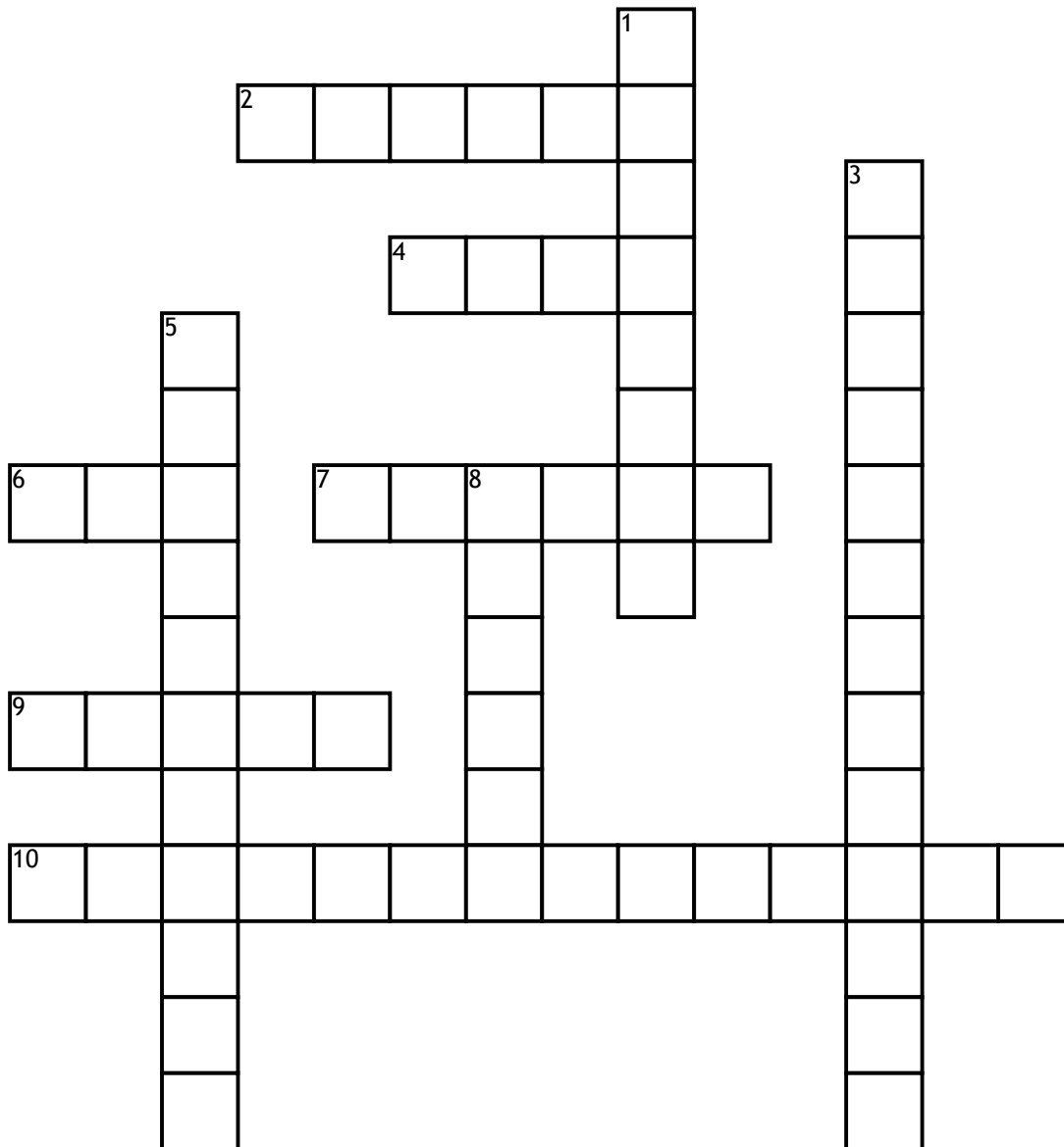


Managing Yourself



Across

2. What come before "Jitters" ?
4. How many colour energies are needed to be an effective employee ?
6. What does the G stand for in the acronym CIGAR ?
7. What do the brands Dyson and Walkers have in common ?
9. What do you notice about the numbers in the different quadrants of the First Impressions Count exercise ?

10. What colour energy do we associate with someone who becomes completely committed to an idea and then discards soon if it loses its excitement ?

Down

1. What is the opposite colour energy to Earth Green ?
3. What could cause you to go into an emotional overdraft ?
5. Credit and debit balances are based on the ?
8. Name one attribute of an effective leader ?