

Name: _____

Date: _____

Manual Handling

I S Q L T L F F F Q X O E G Y W M Z M B Q Q I F
V V H B B U Z U T N E M S S E S S A H V Z M Y R
G T R J B I L J U U D A O L S X L E H B D O I Y
G N I T S I W T W J N L L Q D B O J G R S V J L
I F B H O I S T M O I D U I X E L R F W F I N J
V R T H Z O G I J M W C E S W I E R V Q W N K P
G E S V C R T R P Z S A I C Y Q R E E S F G P P
D Z P F S M I V E V M T E N S I O N D K Q A D F
W M Q R I A H C L E E H W W S G H J M S P N A G
P D G V W L E J E T X Y V L C J U D D I F D S O
F S P I N E O N F D V B E H A V I O U R K H L F
Y J K U A Q Q O T R L C C R R T E F H M S A I W
S N O W Q V Z I K H H X V Q R Z R H Q W C N N B
H N D V R H O T G E X G U K Y H G Y U D I D G Y
I F W Z J X V A M Q M H J A I S O J J R N L O Z
V K D Y M X D C T J R F U U N V N E I K A I T T
X M I R P B B I J X C E K R G A O A E V H N H M
B Y Q C N K K N I U A Z J Y Y A M R V U C G B S
Z H U O A Y P U P J J V B V V W I B Y I E T K S
T P M A E O M M Z V X N J C O D C E L E M W M H
T U L Q B T J M A B E N D I N G S T X E O O W A
F G Q O U R A O F P S Z A N P S H R Q V I N G P
P U O P Z U Y C Z G J R V D D H K E F W B N I E
O H J H L F F Q V J J B J D W K X V C A R Q Q D

Moving and handling
ergonomics
behaviour
s shaped
tension
loler
Load

communication
wheelchair
vertebrae
twisting
hoist
spine
Hug

biomechanics
assessment
carrying
bending
sling
risk