

Name: _____

Date: _____

Massage Therapist

R K H S T E R N O C L E I D O M A S T O I D H H
X D S I L A R O P M E T D E R E Q O C Y S B L C
Y K Z A Y M A S S E T E R B O S M K T I O L O C
L V A S T U S L A T E R A L I S A I D B L K Q P
S U T I T M L U H I F M E W R S Z C U A E S V E
U I O L B W H J Z K G O C J E I E O G B U I Z X
I A X A S B O F N N I X S C T R U R T D S L U D
D B Y I T I R N S T I S U H N O Q A D O R A F Q
E R E H V H B P U G H J I G A S I C S M B I U L
M A U C J X I E I X C O M T S I L O U I U D A D
R C Q A H F C C R D A A E K U R B B G N M E Q F
E H I R C Y U T O G R L N I T A O R N A U M R N
T I L B A M L O T D B Q C P A L L A O L U S N K
N O B D Q A A R R I S Z O V R U A C L A R U X S
I R O I Q C R A A O P M R L R C N H R P X T W K
S A L O C E I L S T E V T P E I R I O O P S O I
U D A Y E R S I N L C G S P S B E A T N B A U F
T I N H W V O S R E I L A L Y R T L C E K V K X
S A R O X S C M A D B Z G B R O X I U U U M B L
A L E M P X U A R R Z E O T R R E S D R J Z I X
V I T O K Z L J C P E C T I N E U S D O S T W I
V S N M F E I O X V D L U E I C X N A S H K P F
U M I G Y G S R O S U I Z E P A R T O I X A X W
H N K P E C T O R A L I S M I N O R T S Q A E M

abdominal aponeurosis
orbicularis oculi
external oblique
vastus medialis
gastrocnemius
trapezius
deltoid

sternocleidomastoid
vastus lateralis
internal oblique
brachioradialis
brachialis
sartorius
soleus

vastus intermedius
orbicularis oris
pectoralis minor
adductor longus
temporalis
masseter

serratus anterior
coracobrachialis
pectoralis major
biceps brachii
pectineus
omohyoid