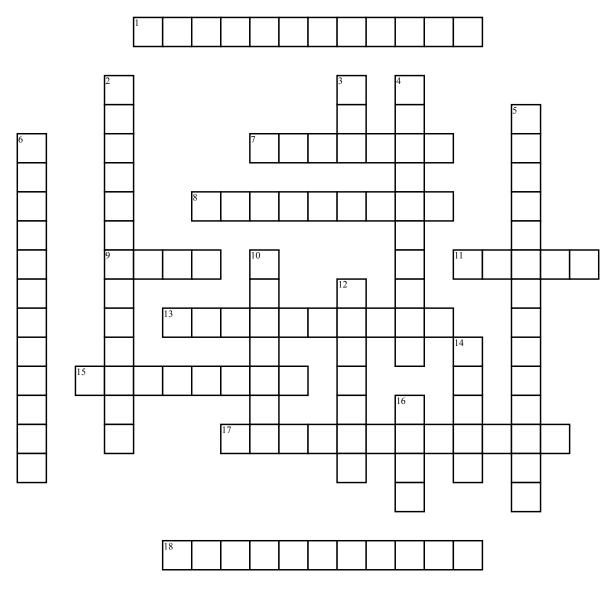
## Medial epicondylitis



## <u>Across</u>

 More common known name for medial epicondylitis
 Location of where pain of injury is felt

8. In severe cases the patient can have injections of Corticosteroid or injections rich in

**9.** Acronym used for patients to self-treat this injury

11. Doctors may give a patient this to wear for treatment of injury13. Can be performed to diagnose injury in severe cases

15. The injury is common in golfing and these type of sports
17. Pain is commonly associated with this phase of throwing
18. An injury similar to medial epicondylitis, both resulting from similar causes (Hint: it's another injury with a sport in its name!)
Down

**2.** This injury occurs when muscles are torn or

**3.** This should be applied to the injury for 15-20 minutes, 3-4 times a day to help healing

4. One method of rehabilitation
5. The doctor will ask a patient for this when performing their initial assessment
6. Another name for

Flexor-Pronator mass

**10.** This form of the condition is where the injury is ongoing for 8 or more weeks

## 12. Medial

14. This form of the condition is when the symptoms are short and injury is healed within 2-6 weeks16. Most accurate way to diagnose injury