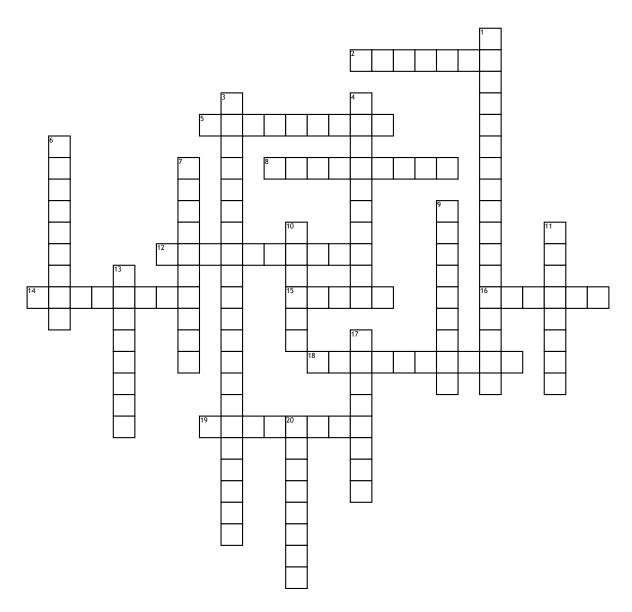
Name:	Date:
-------	-------

## Mental And Emotional Health



## **Across**

- 2. a bringing to an end; conclusion
- **5.** a person whose behavior, example, or success is or can be emulated by others, especially by younger people
- **8.** A hostile state, condition, or attitude; enmity; antagonism; unfriendliness
- **12.** the act or faculty of apprehending by means of the senses or of the mind; cognition; understanding.
- **14.** An answer or reply, as in words or action
- **15.** Keen mental suffering or distress over affliction or loss; sharp sorrow; painful regret
- **16.** Lack of interest in or concern for things that others find moving or exciting

- **18.** the state of being withdrawn or isolated from the objective world, as through indifference or disaffection
- **19.** an activity, event, or other stimulus that causes stress

## Down

- 1. the achievement of one's full potential through creativity, independence, spontaneity, and a grasp of the real world
- **3.** Criticism or advice that is useful and intended to help or improve something, often with an offer of possible solutions
- **4.** ability to recover readily from illness, depression, adversity, or the like; buoyancy
- **6.** the aggregate of features and traits that form the individual nature of some person or thing

- 7. the quality of being competent; adequacy; possession of required skill, knowledge, qualification, or capacity
- **9.** Adherence to moral and ethical principles; soundness of moral character; honesty
- 10. A mark of disgrace or infamy; a stain or reproach, as on one's reputation11. stress that is deemed healthful or giving one the feeling of fulfillment
- **13.** The act of a person who mourns; sorrowing or lamentation
- 17. Great pain, anxiety, or sorrow; acute physical or mental suffering; affliction; trouble
- **20.** harmony of or agreement in feeling, as between persons or on the part of one person with respect to another