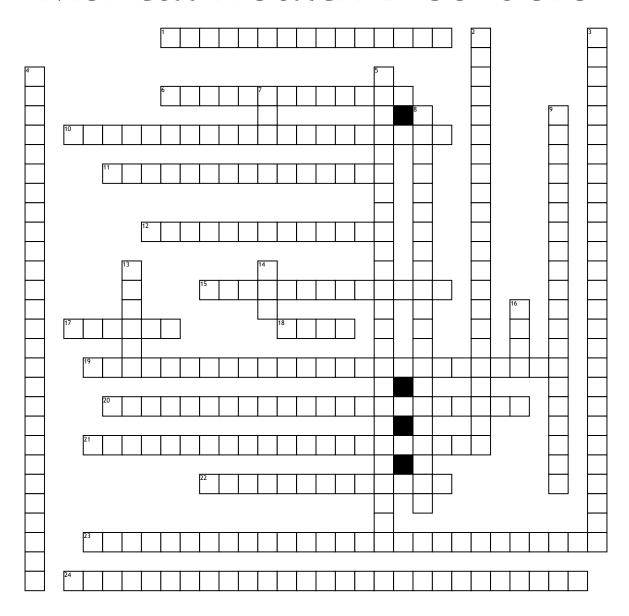
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## Mental Health Disorders



## **Across**

- 1. WHich disorder happens between ages 15-24 and usually has mood swings
- **6.** persistent worry and change in behaviour
- **10.** Thoughts of harming yourself or your baby
- 11. Disturbances in thinking
- 12. Hallucinations
- 15. Paranoia
- **17.** Often, the knowledge that your fears are unreasonable or exaggerated but feeling powerless to control them
- **18.** Often occurring and severe inattention, unfocused motor activity and impulsivity
- **19.** Occurs more often in Women and Common in locations with long winters
- **20.** Ongoing social problems that include difficulty communicating and interacting with others

- **21.** May avoid or severely limit encounters with other people-which can keep you from daily activities
- 22. Recurrent and unexpected panic attacks
- 23. An anxiety disorder that some people get after seeing or living through a dangerous event
- **24.** Characterized by unreasonable thoughts and fears (obsessions) that lead you to do repetitive behaviors (compulsions)

## Down

- 2. Some people are mildly impaired by their symptoms, while others are severely disabled
- 3. It's also possible to have only obsessions or only compulsions and still have this
- **4.** People who have \_\_\_\_ may feel stressed or frightened even when they're no longer in danger
- **5.** Symptoms include: Hopelessness Increased appetite and sleep patterns

- 7. A severe condition in which two or more distinct identities, or personality states, are present in—and alternately take control of—an individual
- **8.** You may develop physical symptoms such as a rapid heartbeat, shortness of breath, or tightness in your chest when faced with a feared social situation
- **9.** This Disorder includes Insomnia, lack of joy, and overwhelming fatigue
- **13.** A feeling of uncontrollable panic, terror or dread when you're exposed to the source of your fear
- **14.** Previously known as multiple personality disorder
- **16.** A brain disorder marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development