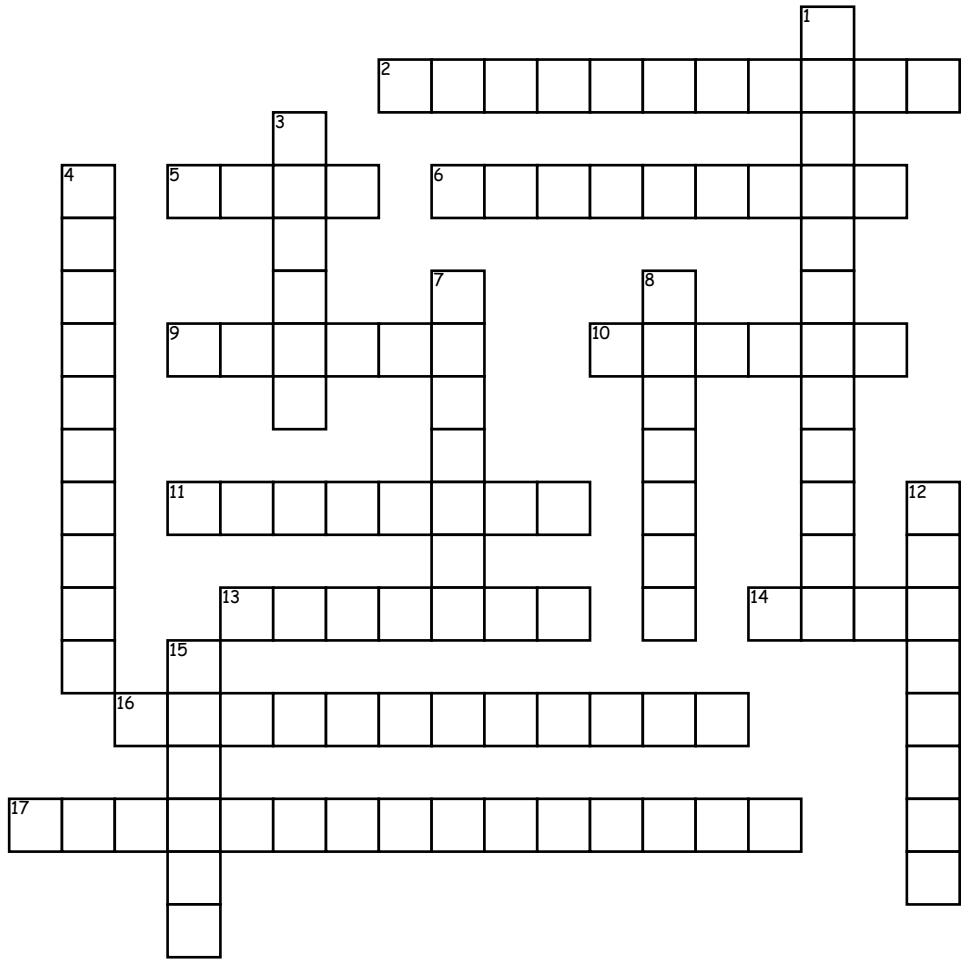


Name: _____

Mental Health Insights

Across

- 2. lack of insight
- 5. a personal plan that outlines early warning signs, triggers, and coping skills
- 6. a sudden and disturbing memory of a past traumatic event
- 9. an irrational fear of something that poses little or no actual danger to most people
- 10. type of hallucination, seeing things other do not see
- 11. a belief that is firmly maintained despite evidence that it is not true
- 13. a mental disorder characterized by feelings of distress, nervousness, or fear



- 14. a mental disorder caused by traumatic events
- 16. type of personality disorder that is characterized by an inflated sense of importance
- 17. a mental disorder that resembles both schizophrenia and bipolar disorder combined
- 4. a mental disorder that is characterized by deep sadness, hopelessness, guilt
- 7. type of hallucination, feeling something crawling on your skin
- 8. a mental disorder that is characterized by sharp mood swings
- 12. type of hallucination, hearing things others do not hear
- 15. jumping quickly from one thought to another

Down

- 1. a medical doctor that treats mental illness
- 3. an antipsychotic medication that can be administered in pill form or injection

