

Name: _____ Date: _____

Mental Health Matching

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|---|----------------------------|
| 1. What percentage of American adults live with schizophrenia? | A. 10.2 million |
| 2. What percentage of American adults live with bipolar disorder? | B. Suicide |
| 3. What percentage of American adults live with depression? | C. Medication and therapy |
| 4. What percentage of American adults live with anxiety? | D. Xanax, Klonopin, Ativan |
| 5. The leading cause of disability worldwide | E. Lexapro, Zoloft, Paxil |
| 6. Leading cause of death in the US | F. 40 |
| 7. The amount of Americans that have co-occurring mental health & addiction | G. Depression |
| 8. 1 person dies every ____ seconds by suicide | H. 18.1% |
| 9. Almost _____ people die by suicide each year | I. 800,000 |
| 10. Number of American adults with mental illness | J. 1.1% |
| 11. The best treatment outcome is a combination of _____ | K. 2.6% |
| 12. Therapy focuses on some things including _____ | L. 6.9% |
| 13. Commonly used to address depression | M. Behaviors and thoughts |
| 14. Commonly used to address anxiety | N. 44 million |