

Mental Health Terms

L C U I P F J L G T O J Z B G S E L F C A R E H
 S H A P B H F E U C S X X X H Z G R Q O G R Y Z
 C L F U L W E E Q E D M A N O R E X I A G S I V
 B O R Q C R P L F D X X K V Y Z R E G N A S F H
 J Q P T W V K G P N W R F U R S R T M V B E J D
 O U H I X C A B U S E Y F X L O F V D Q U R I T
 Q I Q N N N A Q D B H D O K G C R F B N U T N X
 Y G I F T G C E E P P J Q K N I B U I Y P S G L
 S Z S U F T M A H T L A E H L A T N E M T L L A
 S E L F E S T E E M V Y S Q R L A Y V X S U P A
 N T K E D I E I T K T Z U E V W C I L J D Y I J
 W E G G I V U O M H W W D M F O F V M P X U V E
 U A D J Y Y C I G K O R V I L R B P P I U B Q O
 Z R I C J D O F D I O D B N G K E B T W L K J N
 N O N G O W J Z L S J P B D Q E Y K J L D U Y O
 H B R Y F U Z Q I X P H K F E R P F X C O Z B I
 F W J L J L N D V L E Y X U T W A T X Y O Y P S
 F F L T P G G S W J Y K O L U X N H D E K S V S
 T T P T V N L C E Y D F E N M N I O M O K P T E
 M M S H I K U G R L O Z Q E P S C U A B D T O R
 F D Q T R B H G Q D L U F S L G N G Y M L K X P
 V A A Q R R H I E Q Z O Y S R K I H G D N G K E
 U E Q C N Y T E I X N A R B I X W T H O O E K D
 E G A M I F L E S X C T N K J Z S S D K M W Y U

Eating Disorder
 Mindfulness
 Depression
 Bulimia
 Abuse
 OCD

Coping Method
 Self-esteem
 Self-care
 Anxiety
 Anger

Mental Health
 Self-image
 Thoughts
 Stress
 Help

Social Worker
 Counsellor
 Anorexia
 Panic
 PTSD