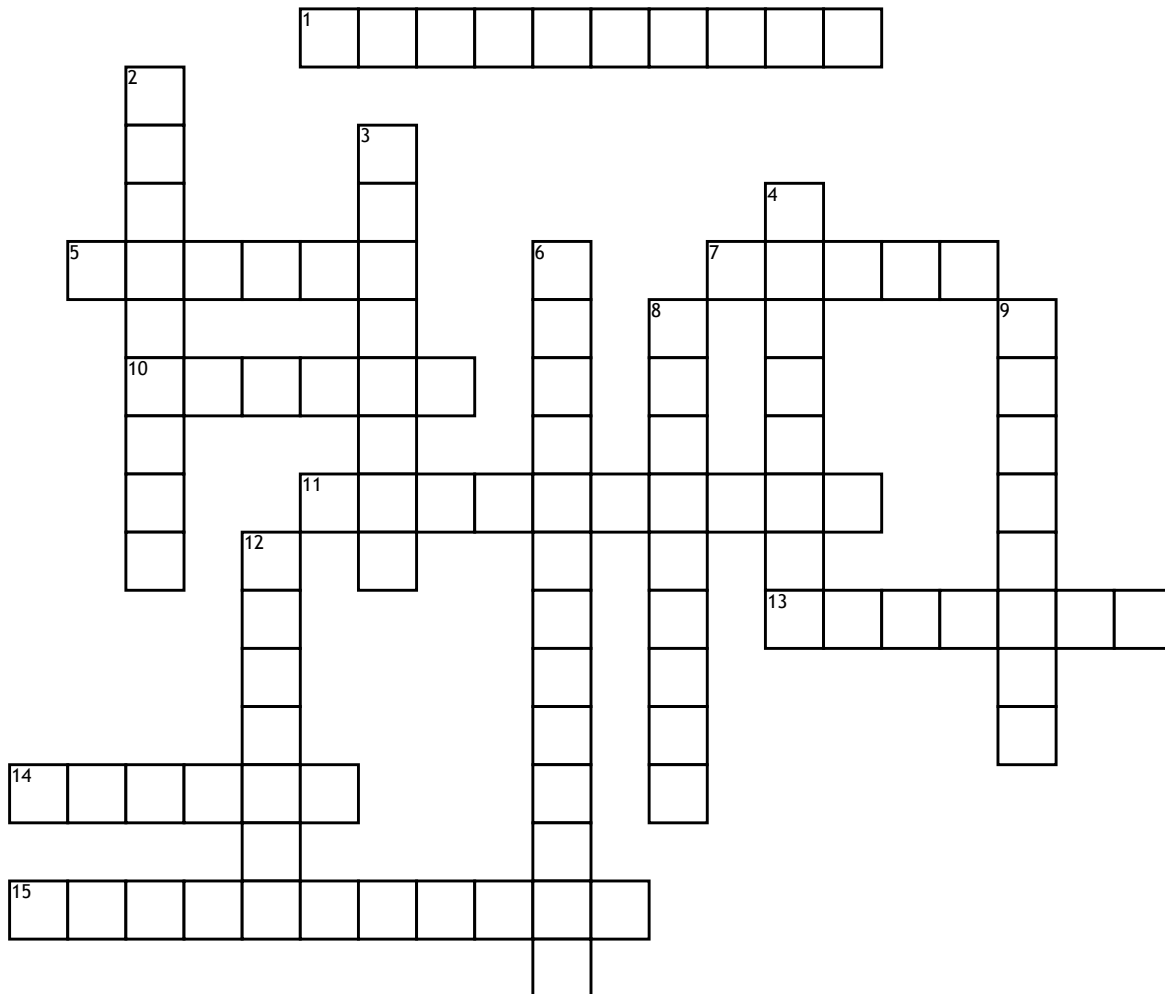


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Mental Health Vocabulary



## Across

1. Persons physical and mental response after stopping or severely reducing the use of a substance that was used regularly
5. Relating to the mind
7. Intense and sudden feeling of fear, anxiety, terror or dread
10. Response or change in the body caused by any emotional, physical, social or economic factor

11. Repeating an act over and over again
13. Vague, uneasy feeling in response to stress
14. An intense fear
15. Type of delusion- false belief that one is being mistreated, abused or harassed

## Down

2. A recurrent, unwanted thought, idea or image
3. false belief

4. A disorder of the mind; false beliefs and suspicion about a person or situation
6. Seeing, hearing, smelling or feeling something that is not real
8. Reliving a trauma in thoughts during the day and in nightmares during sleep
9. Type of delusion- exaggerated belief about ones importance, wealth, power or talents
12. To kill oneself