

Mental Health Word Search

S C E H E T Q Y I K N X R S W Q S W R Z G Q Y M
I V A X W E F Z T B R A L U C S A V O I D R A C
R Y F C E K B N Y I F N B Z E H M P P L A C T P
V U X U H R C A A Q L M S M W A E M O T I O N S
V B V K Y Z C A F E E I K P W I V Z K Y I X V I
Y E X X D A F I M S V L B B B B F B S F L X K S
F F W F X L W P S K Q I E I O V A S L N D I K O
S I M N Y B H L T E F R T L X F U Y P Y I L U P
B M Z H I L K I M L Y H B C T E L X V M I O J U
D A C Z P J A E M Q W M P F A S L Z U P K Y I O
F X O N O I T I R T U N O Z A N A F M B W G T J
R E M U X E L V C C G V B U V M M Q Q W D R W X
O L M F S K Y H A O S K J E D E R A C S Y E F U
B Y U I H P K L V O S S E E J L U Z Y P P N A Q
P N N D B L B K X O J S R G H P X R Z P P E V H
N G I Z S S A J J P D A S O S K E G H F A X E H
L F C A E H N K Z D S M L C P N X L Q B H Y C C
S C A M E N T A L H E A L T H W O Y K S Z T N U
N G T A V H T G N E R T S R A L U C S U M I A K
P O I A D A S Z V X G M F K G V V A P R Y V R K
E A O N V X W U T U H O I W E L L N E S S I U G
P R N L O F U B A T X M X A L E U B J K G T D P
K U E F M Y Z A Z H F E X P L A I N E R T C N Y
Y U F K K K W K L P U I T B F O W M B G V A E R

Muscular Strength
Mental Health
Nutrition
Exercise
Active
Social

Cardiovascular
Flexibility
Activity
Wellness
Energy
Happy

Communication
Endurance
Emotions
Explain
Scared
Sad