

Name: _____

Date: _____

Period: _____

Mental Health Word Search

O D B G S C S N Y E B V F L A E M O T I O N A L
G D T R Y D L R E L I A B L E C C S F E I L E B
X L D M Y D A J C S Y B I J L O J R A G Y M E T
I A O S E M O M R B T K L B P L K T V E C O W Y
U N W E H D G E O E E R M E E J D C H L A O N R
T R F Z P A I Y O Y R A A F M B W I F D C Q J X
X E Q L Q P L T U W S U D T A Z B F I O O I L T
L T W B U I X V A S E N T Q E C J K A B V A A N
A N X V M E Z B E T Q S A L X G T W V X D B N V
U I J A Y V N R M Z I I X I U C Y O S U A O R D
T S F T S F T C Z M D O J C L C W T R Z A K E Q
C N V Z D I G J E E G G N H A H P J V S J L T X
E O Q Z V L V N M S S D J H C T Y O R A Q N X C
L I N E C D A T P P S P I R I T U A L U L Z E J
L S L P U K E M E Q E A H K H U N P Q D Q U K Z
E I D I L A V J E M R O Y S T P Q B R O V W E X
T C M E N T A L R V T X S S E R T S U E X R N S
N E E Q I D L W S T S T W S N O I T O M E V I J
I D P W F L U T H A I Z Z F G M O P Q M Y F O O
E Z Y J P O A W H V D N O I T A C I N U M M O C
B L D O X T T R V U Z O Q I F L A L A I C O S T
S E I S U W E R H E A U B X B L A C I S Y H P L
L F K Q V J N B F S T R E S S O R S R V P C L G
L W D B Y S E D U T I T T A Q V S Y N I P C D T

evaluate

Stressors

Assertive

Influences

Media

Spiritual

Mental

strategy

Advocacy

Communication

External

Beliefs

Intellectual

Distress

meditation

Emotions

Reliable

Internal

Values

Emotional

Eustress

Cope

Goals

Valid

Family

Attitudes

Social

Ethical

Decisions

Factors

Peers

Culture

Physical