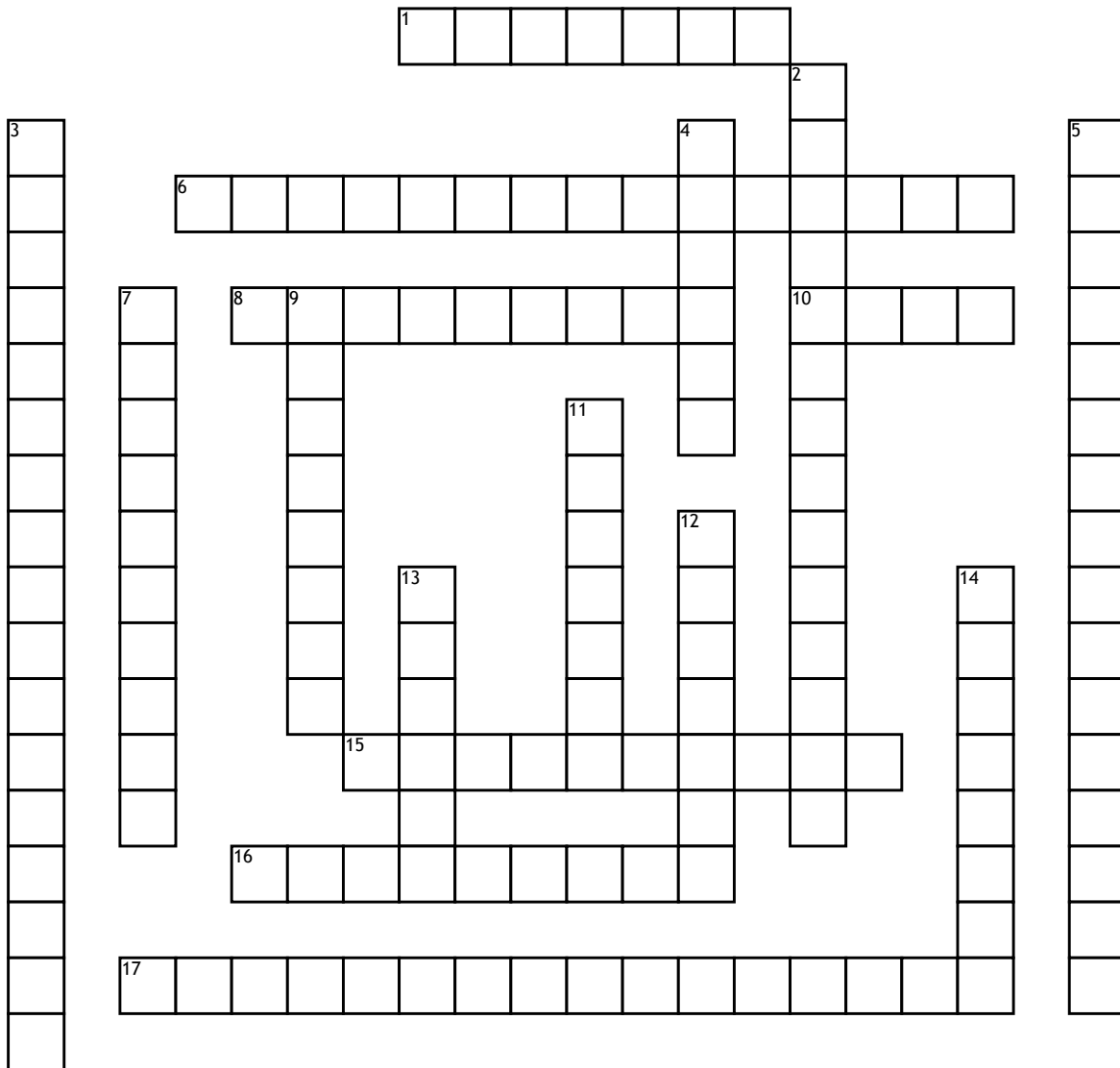


Name: _____

Date: _____

Mental Health Word Search



Across

1. not offering opposition when challenged or pressured
6. letting the speaker know you are listening and clarifying anything that is confusing.
8. hostile and unfriendly in the way one expresses oneself
10. a person is frequently inattentive or impulsively hyperactive to the point that he or she has problems accomplishing daily activities.
15. a measure of how much you value, respect, and feel confident about yourself

16. The characteristic of doing what one knows is right is

17. Panic Disorder, Phobias, and OCD are examples of?

18. a positive stress that energizes a person and helps a person reach a goal

Down

2. an illness that affects a person's thoughts, emotions, and behaviors

3. the achievement of the best that a person can be

4. the body's and mind's response to a demand

5. an unconscious behavior used to avoid experiencing unpleasant emotions

7. hostile and unfriendly in the way one expresses oneself

9. any situation that puts a demand on the body or mind

11. the act of intentionally taking one's own life

12. the ability to understand another person's feelings, behaviors, and attitudes

13. to express deep sadness because of a loss

14. a negative stress that can make a person sick or can keep a person from reaching a goal