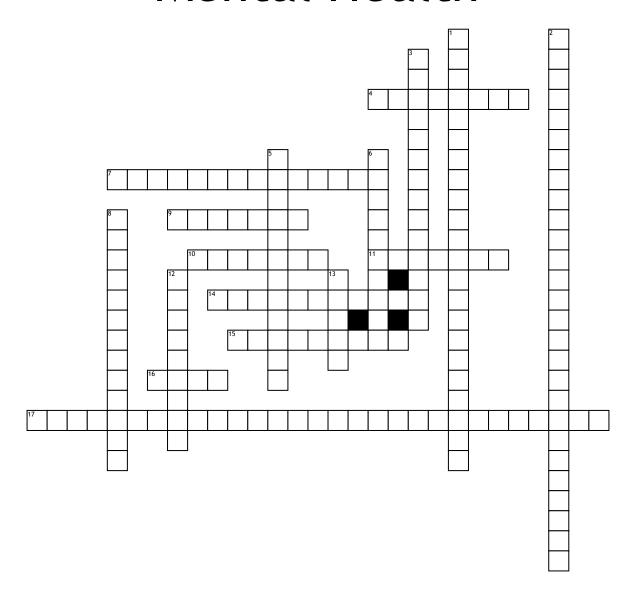
Mental Health



<u>Across</u>

- 4. A state of mental confusion and excitement characterized by disorientation for time and place, often with hallucinations, incoherent speech, and a continual state of aimless physical activity.
- **7.** Use of psychoactive drugs that poses significant hazards to health and interferes with social, occupational, psychological, or physical functioning.
- 9. Vague diffuse apprehension that is associated with feelings of uncertainty and helplessness.
- **10.** characterized by mood swings from profound depression to extreme euphoria, with intervening periods of normalcy.
- 11. The act of taking ones own life
- **14.** Awareness of one's environment with reference to place, time, and people.
- **15.** False personal beliefs not consistent with a person's intelligence or cultural background.

- **16.** An individual's sustained emotional tone, which significantly influences behaviour, personality, and perception.
- **17.** A disorder characterized by a pattern of intense and chaotic relationships with affective instability, fluctuation and extreme attitudes towards people, direct and indirect self-destructive behavior.

Down

- 1. Global impairment of cognitive functioning that is progressive and interferes with social and occupational abilities.
- 2. Recurrent thoughts or ideas that an individual is unable to put out of his or her mind and actions that an individual is unable to refrain from performing.
- 3. False sensory perceptions not associated with real external stimuli. It can involve any of the five senses.
- **5.** a state of well being where an individual has the ability to cope with stressors that are either internal or external.

- **6.** An alteration in mood that is expressed by feelings of sadness, despair, and pessimism.
- **8.** a significant dysfunction in an individuals cognitions, emotions or behaviours that causes a disruption in the persons psychological, biological or developmental process that underlines mental functioning
- **12.** a severe mental condition in which there is disorganization of the personality, deterioration in social functioning, and loss of contact with, or distortion of reality.
- **13.** A manifestation of bipolar disorder in which the predominant mood is elevated, expansive, or irritable.