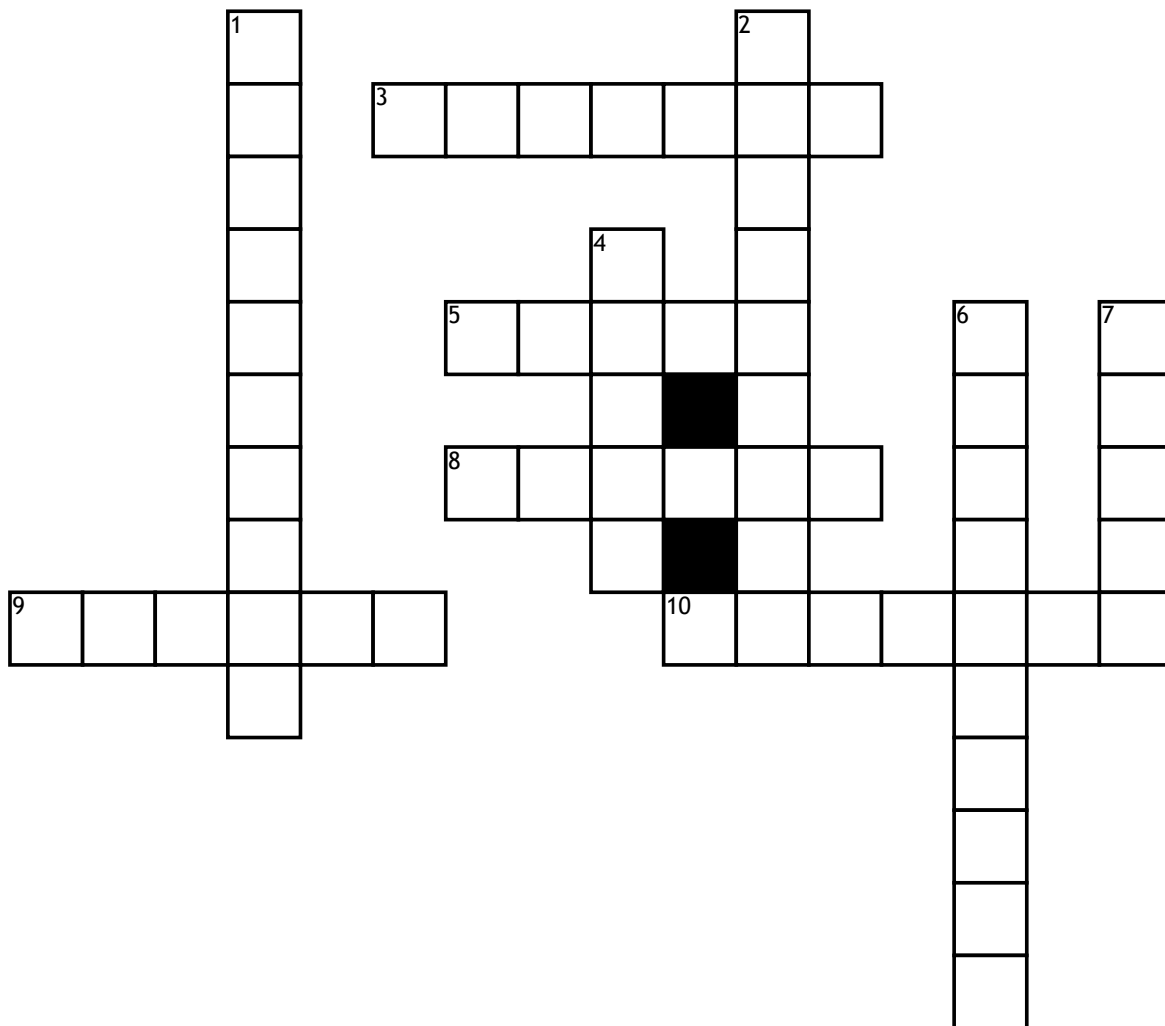


Name: _____

Date: _____

Mental health crossword puzzle



Across

- 3. Act of ending own life
- 5. Feel lost and blank
- 8. Distinct fear of something
- 9. Mental and emotional tension
- 10. A feeling of worry and nervousness

Down

- 1. Confidence in own's worth and abilities
- 2. Physically or mentally dependent on particular substance
- 4. Pleasure in doing activities
- 6. Feeling very down all the time
- 7. Act of using strength or influence to harm others