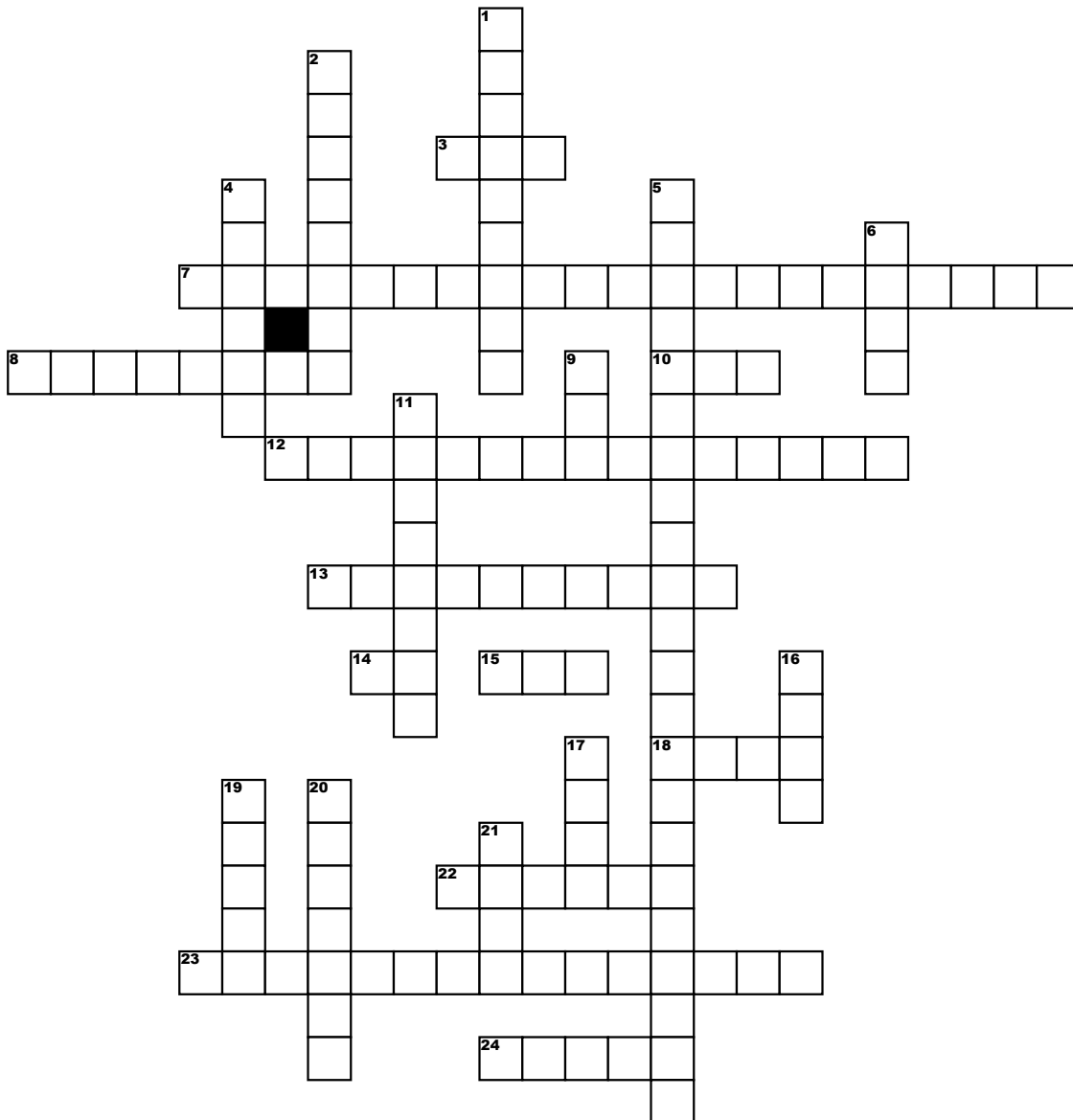


Name: _____

Mental health disorders and stress



Across

- 3.** can you die from stress?
- 7.** Having a fear of being judged is called what?
- 8.** what can help you with stress?
- 10.** having less energy and ability to concentrate can be a sign of what?
- 12.** what disorder associates with frequent mood swings?
- 13.** people who have positive social interactions have a ___ to stress
- 14.** Can you cure schizophrenia?
- 15.** feeling like you have two personalty's is called what?

18. service animals can be used for ___ different types of mental disorders

- 22.** making bad decisions is a sign of what?
- 23.** what is a mental health disorder caused by the fear of worry or fear?
- 24.** having joy in your life is a sign of post partum depression... true or false?

Down

- 1.** stress can add years to your
- 2.** ADHD can affect your ___ skills
- 4.** having a fear of something is called ___?
- 5.** what does ASD stand for?

6. meditation is ___ for stress

- 9.** Having repetitive behaviors is called ___?
- 11.** what is the "cuddle hormone" called?
- 16.** Is ADHD more common in girls or boys?
- 17.** panic attacks can feel like you are having a heart attack true or false?
- 19.** post partum only affects _____?
- 20.** what is a physical cause of stress that you have control over?
- 21.** post traumatic stress disorder stands for