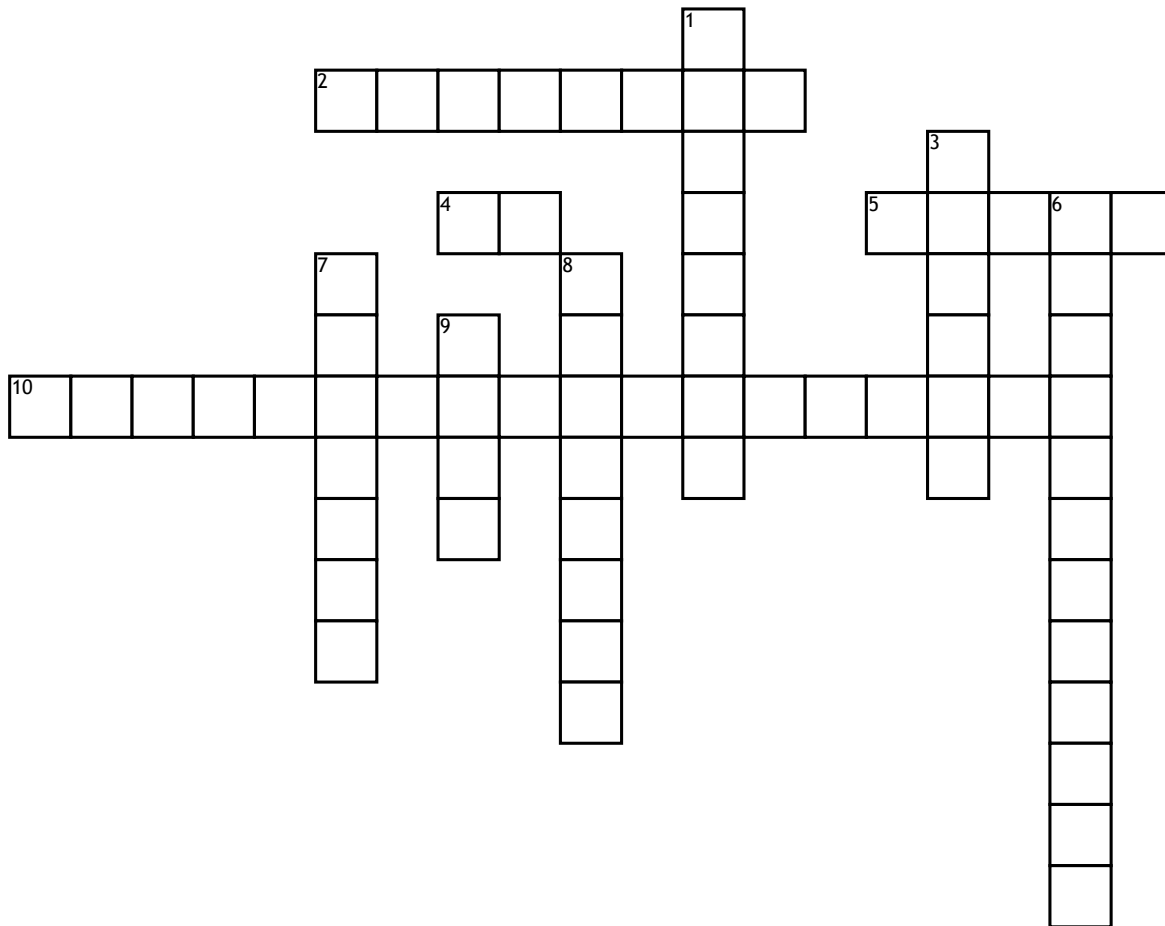


# Minerals: Calcium



## Across

2. Weak bones lead to these  
 4. The age your bones are the strongest  
 5. Calcium travels through this to deposit in bones.  
 10. Cannot digest milk

## Down

1. A green vegetable that contains calcium

3. A nut that contains calcium  
 6. Disease caused by weak bones  
 7. These are not as strong with weak bones  
 8. Important to eat with calcium  
 9. A beverage that contains calcium