

Mood Disorders

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| 1. Bipolar disorder and major depression are two types of | A. Causes |
| 2. People with this disorder have high and low moods known as mania and depression | B. Hypomania |
| 3. With a strong lifestyle that includes self management and a good ___ plan, many people live well with the condition | C. Hallucinations and delusions |
| 4. The average age of onset is | D. Treatment |
| 5. Is a milder form of mania that doesn't include psychotic episodes | E. Dysthymia |
| 6. Psychotic symptoms can include the symptoms related to schizophrenia | F. Mood disorders |
| 7. Mild Low moods are called | G. 25 yrs old |
| 8. Genetics, stress and brain structure are___ of this disorder | H. Treatment |
| 9. Bipolar 1 is | I. Blue |
| 10. Bipolar 2 is | J. Fun |
| 11. Medications, Psychotherapy, Electro-convulsive therapy, self-management, complementary health approaches | K. Bipolar disorder |