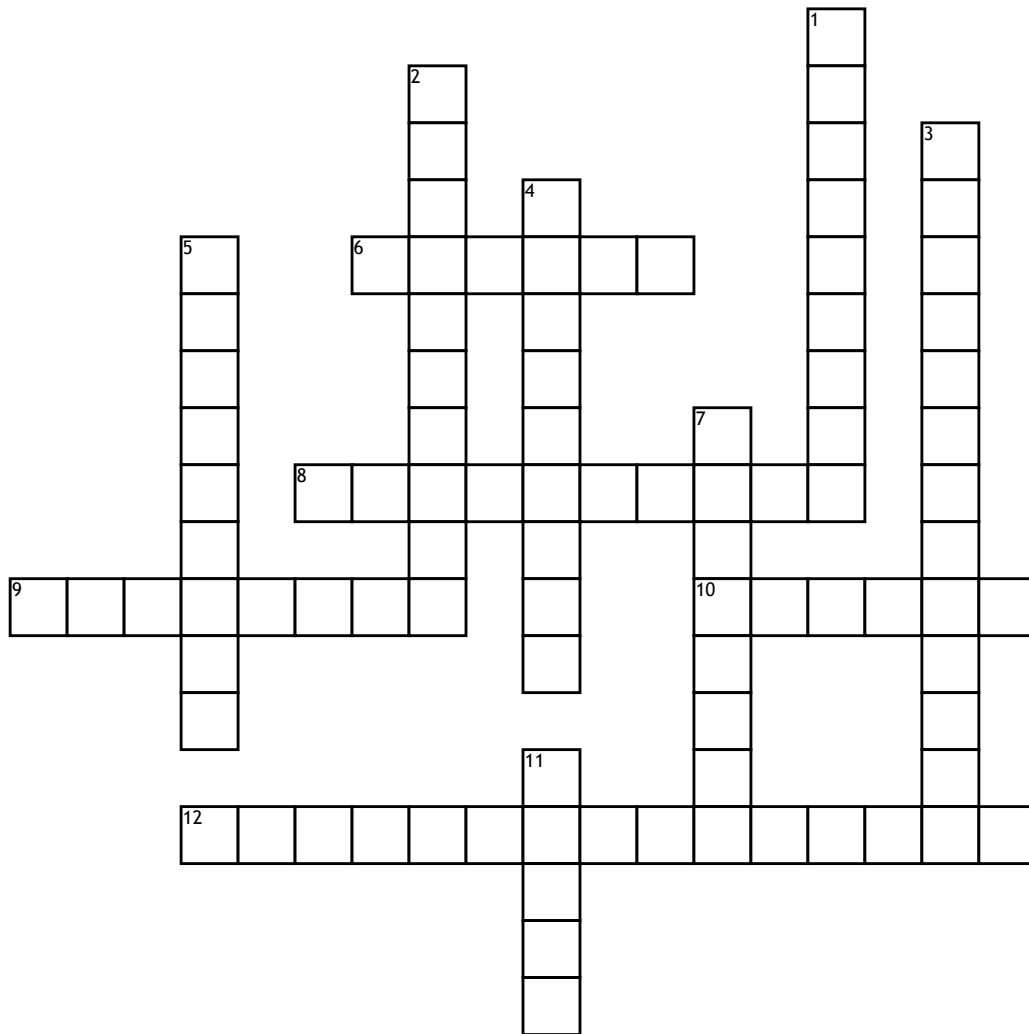


# Muscles in the Body



## Across

6. Which calf muscle is on the inside of the leg?  
 8. Which muscle in your body is made up of 4 muscles banded together?  
 9. Which muscles rotate your trunk (torso)?  
 10. Which muscle allows your elbow to extend?

12. Which muscle goes from the middle of your back downward, connecting with the humerus?

## Down

1. What muscle goes from the base of your neck to the middle of your neck?  
 2. Which muscle is made up of 8 muscles?  
 3. Which calf muscle is on the outside of your calf?

4. What muscle allows our chest and lungs to expand?  
 5. Which muscle in your lower body flexes (bends) the knee?  
 7. Which muscle on your body curves around and is seen from the front and back view?  
 11. Which muscle in your arm is made up of 2 muscles banded together?

## Word Bank

Bicep  
 Deltoids  
 Soleus

Trapezius  
 Hamstring  
 Quadriceps

Obliques  
 Gastrocnemius  
 tricep

Abdominals  
 Latissimus Dorsi  
 Pectorals