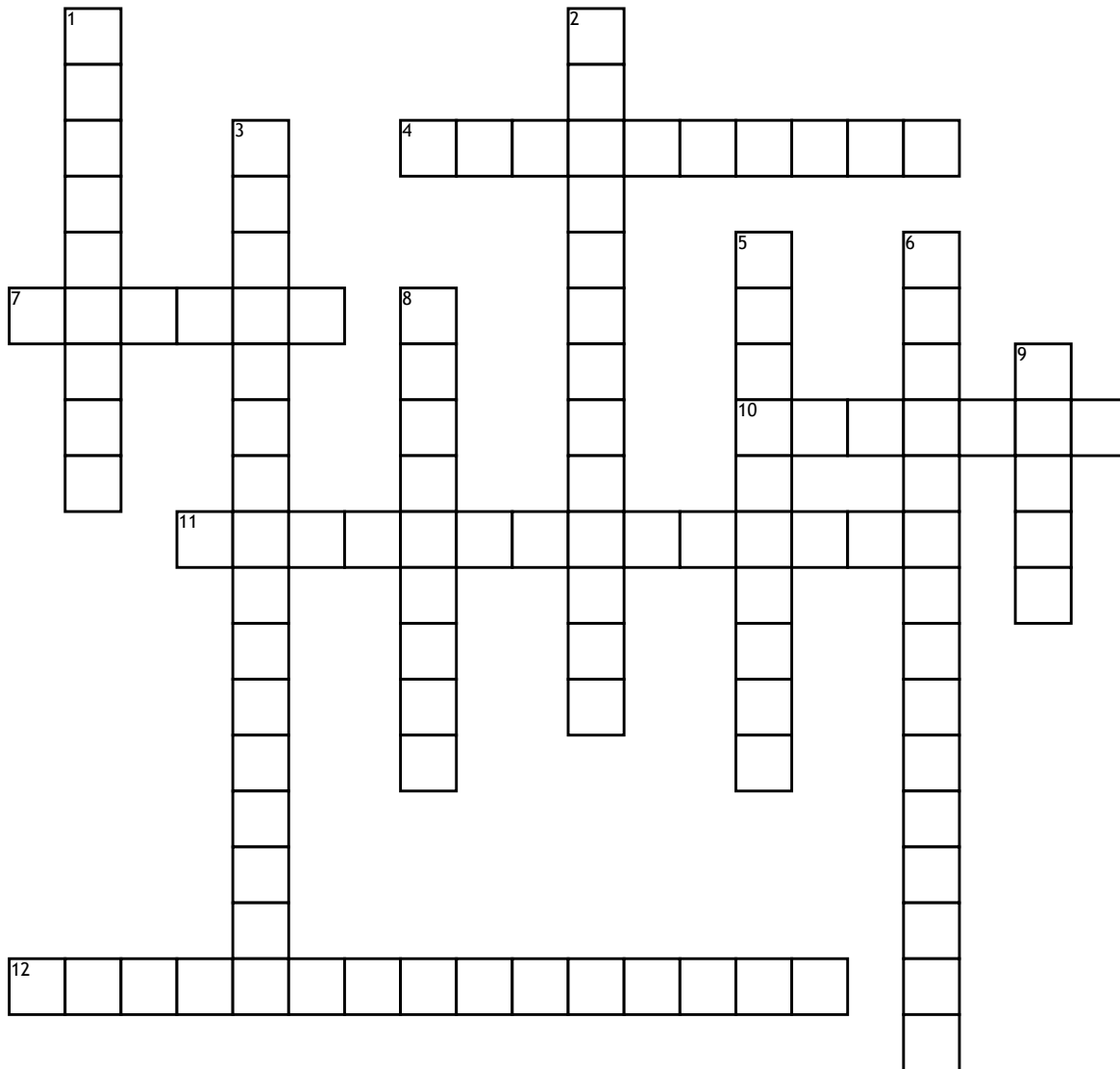


Name: _____

Date: _____

Muscles of the body



Across

4. The muscle you stretch when shoeing the chickens

7. The muscle you use when pushing

10. The name of the muscle that covers the shoulder

11. The muscle in your back side

12. The name of the main back muscle

Down

1. The name of the chest muscle

2. The scientific name of the calf muscle

3. The muscles at either side of the abdominal muscles

5. The main muscle you use when doing a wall sit

6. The name of the core muscles

8. The muscle beginning with T at the back of the Neck/shoulder

9. The muscle you use when pulling